



Hello March

May the early spring
Awaken your soul and
Remind you to
Celebrate a new beginning with the
Hope and Liveness it brings

**14 & 26 - Brief Legal Clinic *appointment necessary –
CALL OR SEE FRONT DESK**

9- Daylight Savings Time, Turn your clocks forward 1 hour

13- Baking with Sugar Alternatives at 1:00, Please sign up

13 - Bingo with Anna @ 2:00, PLEASE SIGN UP

**13- OUR HEALTH TALKS AT 3:00PM, HEART HEALTH
Must sign up, see front desk or call 574-936-9904**

**11 - Tech Time Tuesday- 3:30- 5:00
(FREE CELL PHONE HELP)**

18 –Nutrition Basics @11:00am (Please sign up)

20- Caregiver Support Group for Alz. & Dementia at 3:00

25 – Bingo with Natalie @ 11:00am, Please sign up

**25 - Tech Time Tuesdays 3:30- 5:00
(FREE CELL PHONE HELP)**

SEATS STIIL AVAILABLE FOR

**SAN ANTONIO, TEXAS – APRIL 26 - MAY 4
\$1195 PER PERSON, DOUBLE OCCUPANCY**

*not a complete listing, please refer to the monthly calendar or our website
www.marshallcountycouncilonaging.org