

"There are flowers enough in the summertime, More flowers than I can remember— But none with the purple, gold, and red That dye the flowers of September! —Mary Howitt (1799-1888)

SEPTEMBER HIGHLIGHTS

<u>MONDAYS</u> – WOOD CARVING, WATER COLORPAINTING, MEXICAN TRAIN DOMINOES, PAPERCRAFTING, BRIDGE ALL MEET ON MONDAYS – SOMETHING FOR EVERYONE!

- 2 LIFE ENRICHMENT CENTER AND PUBLIC TRANSPORTATION CLOSED FOR THE LABOR DAY HOLIDAY
- 9 -FRIENDSHIP QUILTERS- OPEN SEW FOR OPERATION QUIET COMFORT CHRISTMAS STOCKINGS, BRING YOUR SEWING MACHINE- SUPPLIES PROVIDED
- 10 HEALTH TALK @ 11:00AM (NEW TIME) EMERGENCY INFORMATION-WHAT TO SHARE AND WHERE
- 11- SUGAR ADDICTION CLASS @ 1:00 PM, PLEASE SIGN UP AT FRONT DESK
- 12 BINGO WITH ANNA @ 2:00 PM, PLEASE SIGN UP AT FRONT DESK
- 13 & 25 Brief Legal Clinic BY APPOINTMENT ONLY, SEE FRONT DESK
- 17 Medicare TALK, FALL OPEN ENROLLMENT & 2025 MEDICARE CHANGES
- 19- HEALTHY BRAIN AGING- LUNCH & LEARN @ 11:30AM WITH JOE COLLINS
- 19 ALZHEIMER & DEMENTIA CAREGIVER SUPPORT GROUP MEETS AT 3:00PM

TUESDAY/THURSDAY EXERCISE CLASS (10:00AM) HAS SPACE FOR MORE PARTICIPANTS. SIGNUP AT FRONT DESK

2025 BUS TRIPS

San Antonio, Texas APRIL 26 – MAY 4, 2025-\$1,195**
Cape Cod & Martha's Vineyard, September 21-27, 2025 - \$995**
**per person, based on double occupancy- SIGN UP NOW!