

FREE

Marshall County SENIOR GUIDE

*2023-2024 Resources and Services
by the Marshall County Council on Aging*

Brought to you by:



(574) 936-9904
(866) 936-9904 toll free

*With Support from
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Insurance Agency

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We provide:

- Free consultation to gain an understanding of your unique needs
- Help you select the right plan for you
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Call us today to set up an appointment!
Missy Albert Colvin or Regina McCain

1501 N. Oak Dr.
Plymouth, IN 46563
(574) 936-5373

823 East Jefferson
South Bend, IN 46617
(574) 256-6070
(800) 772-8043



Missy Albert Colvin



Regina McCain

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Serving the families of Marshall County for over 140 years...



**Call us today to
receive your *FREE* Personal
Planning Guide!**

*A gift you can give
yourself and your family...*

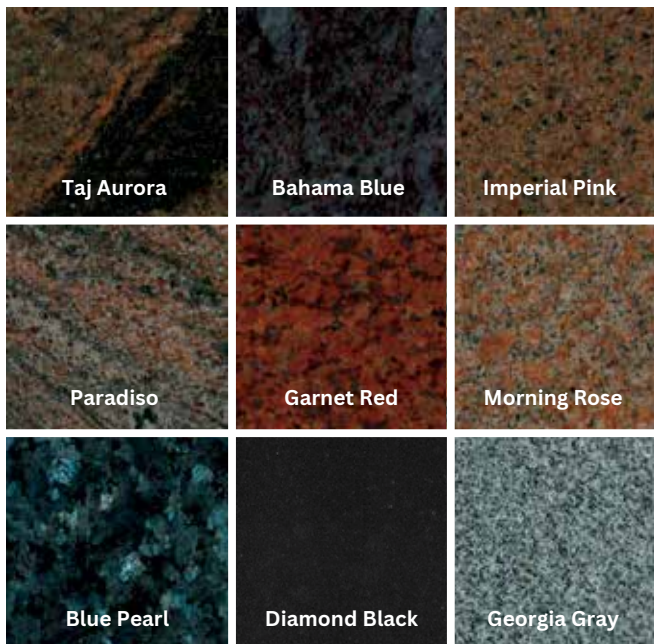
We understand that funeral pre-planning is difficult. We will guide you and handle your plans with the utmost sensitivity, confidence, and professionalism.

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Marshall County Senior Guide

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From the Desk of the Executive Director



Marshall County Council on Aging is excited and proud to present our ninth edition of the Marshall County Senior Guide. We feel honored that so many Marshall County residents use and depend on our guide for accurate, user-friendly information and resources. We distribute 15,000 guides throughout the Marshall County area, as well as to extended family all over the country. You can also find it on our website: www.marshallcountycouncilonaging.org, under the "About" tab. Information can empower individuals and families in difficult circumstances, so please enjoy our guide and share it!

It is our pleasure to serve our Marshall County community as a provider of transportation services, nutrition services, information and referral, as well as many opportunities for educational and social programming at the Life Enrichment Center. Our goal continues to be providing quality services and opportunities to promote health, independence, and longevity for all of Marshall County.

Call, stop in, or visit us online. I look forward to hearing from you!

Janis Jeffers Holiday

Executive Director
Marshall County Council on Aging



Marshall County Senior Expo

Sponsored Annually by the Marshall County Council on Aging

The Marshall County Senior Expo, brought to you by the Marshall County Council on Aging, is a one-day, free event filled with live entertainment, health screenings, food, and information pertinent to today's senior population. The Expo is held annually and features free admission, free refreshments, free entertainment & speakers, free health screenings, and many vendors with quality products and services. The free health screenings include blood pressure, cholesterol, and blood glucose, among others. Flu shots are also available. Many door prizes top off the day. ***See you at the Senior Expo!***

The Expo is made possible by the Marshall County Council on Aging, with the generous support of our corporate sponsors: Pilgrim Manor, TCU Insurance Agency, Miller's Merry Manor, NIPSCO, Deaton-Clemens Vangilder Funeral Home and Humana. For more information, please contact Marshall County Council on Aging, Life Enrichment Center, 1305 W. Harrison, Plymouth at 936-9904 or toll-free at 1-866-936-9904.

Marshall County Council on Aging

Nonprofit Organization - Incorporated 1974

www.marshallcountycouncilonaging.org

(866) 936-9904

(574) 936-9904



Marshall County Council on Aging

1305 West Harrison Street

Plymouth, Indiana 46563

(574) 936-9904 or toll-free: (866) 936-9904

www.marshallcountycouncilonaging.org

MISSION

It is our mission to provide the Marshall County Community of older adults the opportunity to experience personal fulfillment and dignity by providing quality services which allows for their continued independence and mobility.

Transportation

Marshall County Public Transit: Public transportation is available to everyone in Marshall County, regardless of age or income. Title III Older American Act funds are available for riders over 60, and donations are accepted. All other public transit is as low as \$2.50 per boarding. Prescheduled out of town or out of county appointments are available to Marshall County residents. Lift-equipped vans are available. Personal attendants, service animals and oxygen equipment ride for free. Same day appointments are available within the city limits of Plymouth for the same low rate of \$2.50 per trip!

Meals on Wheels

Meals on Wheels: Delivery of hot meals five days a week to Plymouth, Argos, Bremen, Bourbon and Culver. **Frozen Meals on Wheels:** Frozen meals delivered once a week to anyone in Marshall County regardless of location to ensure adequate nutrition.

SHIP

State Health Insurance Assistance Program provides information, claims/filing, and advocacy regarding Medicare, Medicare Supplement, Medicaid, and Long-term Health Care.

Representative Payee Program

Trained volunteers assist in social security, money management, and payment of bills for clients.

Information And Referral

The Agency will give up-to-date and accurate information regarding all senior services available to Marshall County residents and refer as needed.

Life Enrichment Center

The Life Enrichment Center offers various educational, artistic, and social programs including legal seminars, nutritional and health information, exercise, arts and crafts, card groups, and more. The Center also provides a meeting place for numerous clubs and organizations and offers free wireless internet access.

Don't let our name fool you, *The Marshall County Council on Aging*, offers help for more than the elderly. The truth is — everyone is aging. We simply make getting older, better.

Yes, we are experts in matching seniors and their caregivers with the proper services to make their lives easier. But, we also provide expert guidance for adults of any age struggling with limitations. Just ask. These services are totally free to residents of Marshall County.

EMERGENCY

Emergency or Crisis - Information Referral Service

Company	Description	Phone	Website
Indiana Poison Control State Wide	Poison	(800) 222-1222	www.indianapoisoncenter.org
Marshall County Emergency Management	112 W. Jefferson St., Room 207 Plymouth, IN	(574) 936-3740	
Marshall County 211	Human Services Info. Line	211	www.in211.org
Marshall County 811	Locate Utility Lines	811	www.indiana811.org
Marshall County 911	Fire, Police, Ambulance	911	
Law Enforcement	Marshall County Sheriff Argos Police Bourbon Police Bremen Police Culver Police Plymouth Police	(574) 936-3187 (574) 892-5122 (574) 342-3105 (574) 546-3456 (574) 842-2525 (574) 936-2126	www.plymouthin.com
American Red Cross	Disaster Emergency Military Emergency	(888) 684-1441 (877) 272-7337	www.redcross.org
Indiana State Police	Non-Emergency Road Conditions	(574) 546-4900 (800) 261-ROAD (7623)	
Suicide & Crisis Lifeline		988-Call or Text	988lifeline.org

Personal Response System

Company	Description	Phone	Website
Life Alert	Personal Emergency Response System	(800) 511-3501	www.lifealerthelp.com
Guardian Medical	Personal Emergency Response System	(888) 349-2400	www.guardianmedicalmonitoring.com
Clear Arch Health	Personal Emergency Response System	(574) 383-7900	

Notes: _____

EMERGENCY

State & National Senior Service Organizations

Company	Description	Phone	Website
American Seniors Association	353 6th Ave., Bradenton, FL	(800) 951-0017	www.americanseniors.org
American Society on Aging	548 Market St., PMB 85589 San Francisco, CA	(800) 537-9728	www.asaging.org
Benefits Checkup	Connects struggling seniors to programs that can help	(800) 794-6559	www.benefitscheckup.org
Corporation for National & Community Service Senior Corps	46 E. Ohio St., Rm 226 Indianapolis, IN	(800) 942-2677	www.nationalservice.gov
DrugWatch	Offers help to people injured by defective drugs and medical devices	(888) 645-1617	www.drugwatch.com/health/seniors
Hoosier RX	Pharmaceutical Assistance Program	(866) 267-4679	www.in.gov/medicaid/members/member-programs/hoosierx
Indiana Housing Now	Detailed information about rental assistance properties	(877) 428-8844	www.indianahousingnow.org
National Aging in Place Council	1400 16th St. NW, Ste. 420 Washington DC	(202) 939-1770	www.ageinplace.org
Senior Net	Educating seniors and those needing computer training	(239) 275-2202	www.seniornet.org
State Board of Funeral and Cemetery Service	402 W. Washington St., Rm W072 Indianapolis, IN	(317) 234-3031	www.in.gov/pla/funeral.htm
AARP	601 E. Street, NW Washington DC	(888) 687-2277	www.aarp.org
AMAC (Association of Mature American Citizens)	312 Teague Trail Lady Lake, FL	(888) 262-2006	www.amac.us
The Seniors Coalition (TSC)	1250 Connecticut Ave. NW, Ste. 200 Washington DC	(202) 261-3594	www.senior.org
Marshall County Community Foundation	2680 Miller Dr. Plymouth, IN	(574) 935-5159	www.marshallcountycf.org
United Way of Marshall County	2680 Miller Dr. Plymouth, IN	(574) 936-3366	www.marshallcountyuw.org

Notes: _____

HEALTH Fitness

Company	Description	Phone	Website
Ace Fitness	700 W. Jefferson St., Plymouth, IN	(574) 935-8448	www.acefit247.com
Fitness Forum Sports & Wellness	2855 Miller Dr., Plymouth	(574) 335-5280	www.sjmed.com/lifeplex
Planet Fitness	2009 N. Michigan St. Plymouth	(574) 540-4012	www.planetfitness.com
Plymouth Parks & Recreation Department	1660 N. Michigan St., Plymouth	(574) 936-2876	www.plymouthin.com
Marshall County Parks & Recreation			www.co.marshall.in.us

Identity Theft Reminders

- Do not give out personal information over the phone or online.
- Ignore phishing emails asking for you to divulge personal data.
- Ignore phone calls and emails from another country.
- Your credit card number can be used by scammers who know the zip code is needed at unattended credit card terminals, such as gasoline pumps. The next time a sales clerk asks for your zip code for marketing purposes, simply decline.

Turning 65 or new to Medicare?

You may qualify for \$1,800 a year to help pay for essentials like eligible groceries, rent and utilities

A Medicare Advantage plan with an allowance for costs of daily life

The Healthy Options allowance* gives qualifying members with Medicare and Medicaid more freedom and has many different uses. It can help you pay for the things you need to be your healthiest. These include rent or mortgage, utilities, bathroom safety devices, healthy food, over-the-counter health items and more. It's included with the Humana Gold Plus SNP-DE H5619-054 (HMO D-SNP).

Each month, a Healthy Options allowance of \$150 is loaded onto a prepaid card. Unspent money doesn't roll over to the next month. To pay for purchases, just swipe it at the register at participating stores.

New for 2023—one card for plan allowances

The Healthy Options allowance will automatically be loaded to the new Humana Spending Account Card, so you only have one card to keep track of for allowances included in your plan. Striving to go beyond the expected to help you get what you need to live your healthiest and happiest—that's human care.



Call a licensed independent sales agent

Sarai Jimenez
574-209-2242 (TTY: 711)
8 a.m. – 5 p.m.
sjimenez@trustedinsconsultants.com



Humana.

**A more human way
to healthcare™**

* Allowance amounts cannot be combined with other benefit allowances, used to purchase Medicare-covered prescriptions or converted to cash. Limitations and restrictions may apply.

HEALTH

Hearing & Vision Services

Company	Description	Phone	Website
Allen Reese Hearing Aid Center <i>See ad below</i>	322 N. Michigan, Ste C Plymouth	(574) 936-8878 (800) 636-8878	www.arhac.com
Family Hearing Center	123 N. Center St., Bremen	(574) 546-4600	www.betterfamilyhearing.com
Beltone Hearing Care Center	1407 N. Michigan St., Plymouth	(574) 941-2220	www.beltone.com
Miracle-Ear Centers	1446 Pilgrim Lane, Plymouth	(574) 316-0687	www.miracle-ear.com
The League - Services to the Blind and Deaf	5821 S. Anthony Blvd., Ft. Wayne	(260) 441-0551 (800) 889-3443	www.the-league.org
Hunter Hearing	568 N. Oak Dr., Plymouth	(574) 914-4526	www.hunterhearingcenter.com
Berger Audiology <i>See ad page iv</i>	2930 Miller Dr., Plymouth	(574) 935-HEAR (4327)	www.bergeraudiology.com

Identity Theft Reminders Continued

- Do not post personal information, such as your zip code, date of birth or other identifiers that could be stolen, on social media.
- Do not use passwords such as names, dates or locations a scammer could obtain from your social media accounts.
- Think twice before joining a birthday club that gives you a free dessert or discount on your purchases because scammers can pair that information up with other data they've obtained about you to steal your identity.
- Do not carry important documents such as your passport or social security card.
- Do not play "20 questions" games on social media.



Hear what you have been missing! Call Today!

- *Hearing Aid Sales & Service*
- *A Variety of Styles Available*
- *Comprehensive Hearing Evaluation*
- *Locally Owned Family Business*

574-936-8878
arhac.com



Rod & Beth Noftsger
Hearing Instrument Specialists



HEARING AID CENTER

322 N. Michigan ST. Suite C, Plymouth, IN 46563

HEALTH

Home Healthcare & Services

Company	Description	Phone	Website
Help at Home	1201 S. Michigan St., South Bend	(574) 234-9158	www.helpathome.com
Center for Hospice Care <i>See ad page vii</i>	1419 N. Michigan St., Plymouth	(574) 935-4511	www.cfhcare.org
Real Services Area Agency on Aging	510 W. Adams St., Ste. 260 Plymouth	(800) 552-2916 (574) 936-3175	www.realservices.org
St. Joseph Health System VNA-Home Care	3838 N. Main St., Ste. 100 Mishawaka, IN	(574) 335-8600	www.sjmed.com/senior-living/ locations/vna-home-care/
Triune Home Health Partners	1820 S. Park Rd, Rochester	(574) 807-6008	www.trinityhealthcareinc.com
Interim HomeStyle Services	605 W. Edison Rd., Ste. H Mishawaka	(574) 233-5186	www.interimhealthcare.
First Care Home Care Services	1595 S. Calumet Ave. Chesterton	(219) 476-5785	www.firstcarehomecare.com
Home Instead Senior Care	611 W. Jefferson St. Plymouth	(574) 206-4341	www.homeinstead.com/802
Meridian Visting Physicians	3266 N. Meridian St., Ste. 501 Indianapolis	(844) 225-5687 (Call MVP)	www.callmvp.com
Comfort Keepers	2515 E. Market St., Logansport	(574) 992-2816 (888) 897-4588	www.logansport-1030. comfortkeepers.com
Community Home Care Services <i>See ad page 9</i>	1909 S. Heaton St. , Knox	(574)772-3157	www.visitingnurse.com

Unity Garden

The first Unity Garden in Marshall County was planned and constructed with the combined efforts of Marshall County Council on Aging, Plymouth Park Department, Marshall County Soil and Water Conservation, Saint Joseph Health Systems and Unity Gardens. This Community Garden with raised beds is for the whole community to enjoy. Located at 1305 W. Harrison Street (next to the Life Enrichment Center Building), many vegetables, fruits and herbs are planted and available to any person who wishes to come pick for their table; providing fresh, nutritious ingredients free of charge. If you would like to volunteer to plant, weed or water the garden please contact us at 574-936-9904.



HEALTH

Hospital Equipment & Sales

Company	Description	Phone	Website
Alick's Home Medical <i>See ad page v</i>	1920 W. Lake Ave., Plymouth	(800) 633-4144 (574) 941-4444	www.alicks.com
Elara Caring	2515 Bendix Dr., Ste. 103 South Bend	(574) 233-1500	www.elara.com
National Seating & Mobility	4011 S. Michigan St., South Bend	(574) 299-8606	www.nsm-seating.com/ South Bend

The Lending Closet

In partnership with Faith Community Nursing of Crossroads Church, the Lending Closet was formed to loan out (on a temporary basis) durable medical equipment for Marshall County residents. Equipment that is available to borrow includes: walkers, rollators, crutches, canes, wheelchairs, bath seats or shower chairs, and bedside commodes. If you or someone you know is in need of

equipment, call us at (574)936-9904. Equipment may be picked up at our building at 1305 W. Harrison Street in Plymouth during business hours Mon.-Fri. 8:00 am to 5:00 pm. Please allow 24 hours for the equipment to be ready.

Donations of well cared for equipment may be donated by calling Marshall County Council on Aging or by emailing Faith Community Nursing at fcn@crossroadsefc.com.

Bring wellness home. Quality Home Health Care

Our Home Healthcare agencies have been providing high-quality home health care to some of the most under-served populations in Indiana for nearly 30 years. We're dedicated to patient outcomes.

*Proud to
be family
owned!*

We believe that patient-focused care involves a team of individuals working together for a common goal – your health. Our hope is that your experience with us will enable you to gain independence in your health.



Community
HOME CARE SERVICES



1909 S. Heaton Street, Knox | 574-772-3157

HEALTH Hospitals

Company	Description	Phone	Website
Beacon Community Hospital of Bremen	1020 High Road, Bremen	(574) 546-2211	www.beaconhealthsystem.org
Lutheran Kosciusko Hospital	2101 E. Dubois Dr., Warsaw	(574) 267-3200	www.lutherankosciuskohospital.com
IU Health - LaPorte Hospital	1007 Lincolnway, LaPorte	(800) 235-6204 (219) 326-1234	www.iuhealth.org/laporte
Doctors Neuropsychiatric Hospital	417 S. Whitlock, Bremen	(877) 398-4186 (574) 546-0330	www.neuropsychiatric-hospitals.net
Saint Joseph Health Systems-Plymouth	1915 Lake Ave., Plymouth	(574) 948-4000 (574) 335-7780	www.sjmed.com
Saint Joseph Health Center	510 W. Adams St., Suite 150 Outreach Clinic Service	(574) 335-7900	www.sjmed.com
Northwest Health - Starke Hospital	102 E. Culver Road, Knox	(574) 772-6231	www.nwhealthstarke.com
Woodlawn Hospital	1400 E. Ninth St., Rochester	(574) 223-3141	www.woodlawnhospital.com
Unity Physicians Hospital	4455 Edison Lakes Parkway, Mishawaka	(574) 231-6800	www.unityphysicianshospital.com

Lending Library

"I have always imagined that Paradise will be a kind of Library"

— Jorge Luis Borges



Our Lending Library continues to grow, expanding onto the walls in our lounge area. Here you can find many popular authors of fiction, romance, and large print books. Please feel free to browse, take a book and read. No checkout

and no due date. While you are here, relax and put a couple pieces in the jigsaw puzzle that is on display.

"The only thing that you absolutely have to know, is the location of the library."

— Albert Einstein

Exercise Programs



Marshall County Council on Aging offers exercise programs for those age 55 and better. The classes are led by volunteers and focus on upper and lower body strength, cardiovascular endurance, flexibility and balance. The benefits of participating in this program are increased energy, reduced joint pain, lower blood pressure, increased strength, better balance and new friendships.

Come join the fun!!

HEALTH

Medicare, Medicaid & Social Security

Company	Description	Phone	Website
Medicaid	Marshall County Office 510 W. Adams St., Ste. 210, Plymouth	(800) 403-0864	www.indianamedicaid.gov
Medicare	Baltimore, MD	(800) MEDICARE (800) 633-4227	www.medicare.gov
Social Security	602 S. Michigan, South Bend Eligibility, Lost Card, General Info.	(800) 772-1213 (877) 274-5415	www.ssa.gov
State Health Insurance Assistance Program <i>See ad page vi</i>	Marshall Co. Council on Aging 1305 W. Harrison St., Plymouth	(866) 936-9904 (574) 936-9904	www.marshallcounty councilonaging.org
Indiana Family and Social Services	510 W. Adams St., Ste. 210 Plymouth	(800) 403-0864	www.in.gov/fssa/
Indiana Department of Child Services	2125 N. Oak Dr., Plymouth	(574) 935-4046	www.in.gov/dcs
Indiana State Department of Health	2 N. Meridian St., Indianapolis	(317) 233-1325 (800) 382-9480	www.in.gov/health
Marshall County Health Department	510 W. Adams, GL 30, Plymouth	(574) 935-8565	www.co.marshall.in.us/ departments/healthdepartment
Medicare Health Plan Choices	Information TTY	(800) 633-4227 (877) 486-2048	www.medicare.gov
Health Insurance Services	510 W. Adams St., Ste. 100, Plymouth	(855) 887-5633	www.sjmed.com/his
Humana <i>See ad on page 6</i>	North Central Indiana	(574) 209-2242	www.humana.com
United Healthcare Medicare Solutions <i>See ad on page 16</i>		(888) 866-3191	www.UHCMedicare Solutions.com

Mental Health Services

Company	Description	Phone	Website
Michiana Behavioral Health Center	1800 N. Oak Drive, Plymouth	(800) 795-6252 (574) 936-3784	www.michianabehavioral healthcenter.com
Bowen Center	990 Illinois St., Plymouth	(800) 342-5653 (574) 936-9646	www.bowencenter.org
Brighter Tomorrows	310 N. Michigan St., Ste. 208, Plymouth	(574) 935-9449	
Memorial Epworth Center Beacon Health Systems	420 N. Niles Ave., South Bend	(574) 647-8400	
Eric Foster Counseling	322 W. Jefferson St., Plymouth	(574) 936-3377	
Pro Bono Counseling Project	P.O. Box 692, South Bend	(574) 222-1707 (800) 273-8255	www.mhamichiana.org

HEALTH Pharmacy

Company	Description	Phone	Website
CVS Pharmacy			www.cvs.com
Bremen	1150 W. Plymouth St., Bremen	(574) 546-3797	
Culver	103 S. Ohio St., Culver	(574) 842-3400	
Plymouth	1900 N. Michigan St., Plymouth	(574) 935-5697	
Kroger Pharmacy	2001 N. Michigan St., Plymouth	(574) 936-1980	www.kroger.com
Martin's SuperMarkets Pharmacy	865 E. Jefferson St., Plymouth	(574) 936-7334	www.martins-supermarkets.com
Walgreen's	2014 N. Michigan St., Plymouth	(574) 936-8388	www.walgreens.com
Wal-Mart Pharmacy	2505 N. Oak Drive, Plymouth	(574) 935-9006	www.walmart.com

Take a Bus Trip with Marshall County Council on Aging

Marshall County Council on Aging has been partnering with Diamond Tours to offer bus trips all over the United States since 2012. Each trip is always exciting with guided tours, many attractions and entertainment. Destinations that have been enjoyed by many travelers include following:

- The Ark Encounter
- Boston
- Gatlinburg and Pigeon Forge
- Mackinac Island
- Mount Rushmore
- Cape Cod
- Biltmore Estate
- Washington DC
- Virginia Beach
- Savannah
- Branson
- Nashville, TN
- San Antonio, TX
- New York City
- Myrtle Beach
- New Orleans
- Maine

Two different trips are planned each year; one in the Spring and one in the Fall. Often times two buses are filled up for each trip. Diamond Tours does such a great job with all the details from hiring top-notch guides and charter buses to planning fabulous dinners, tours and shows. It's a great way to take a top quality trip without all the planning or driving. Stop by the Life Enrichment Center, or sign-up for our quarterly newsletter to find out where we're headed next!



HEALTH

Physical Therapy

Company	Description	Phone	Website
Beacon Community Hospital of Bremen	1020 High Road, Bremen	(574) 546-8041	www.beaconhealthsystem.org
Rush Physical Therapy	2934 Miller Dr., Plymouth	(574) 941-2200	www.rushpt.com
IU Health Starke	102 E. Culver, Knox	(574) 772-6231	www.iuhealth.org/starke
Saint Joseph Health Systems Outpatient Rehabilitation	1919 Lake Ave., Ste. 107 Plymouth	(574) 948-5320	www.sjmed.com
South Bend Orthopedics	2349 Lake Ave., Ste. 201 Plymouth 53880 Carmichael Drive South Bend	(574) 247-9441 (574) 247-9441	www.sbortho.com



Deaton-Clemens Van Gilder Funeral Home

300 W. Madison St., Plymouth, IN 46563
(574)-936-2534



Deaton-Clemens Funeral Home

115 S. Main St., Bourbon, IN 46504
(574)-342-5395

*Healing grieving hearts with
compassionate, personalized service.*

www.deatonclemensfh.com

DON'T FLUSH YOUR MEDICINES!



Dispose of old medicine here:

- Marshall County Recycle Depot
- Marshall County Jail
- Bremen Police Department
- CVS Pharmacy, Culver
- Culver Police Department
- Bourbon Police Department

Got sharps? Place in a hard plastic container (detergent bottle, med waste container, coffee can) and seal with duct tape. Dispose at county jail, police department or the Marshall County Recycle Depot.

Questions?

Call the Depot at 574-935-8618
or email us at
www.myrecycledepot.org



HEALTH

Support Group Services

Company	Description	Phone	Website
Alzheimer's & Dementia Caregiver Support Group	1305 W. Harrison St., Plymouth 3rd Tues. of the month at 3 pm	(888) 303-0180 (574) 232-4121	www.alzni.org
AIDS Support	201 S. William St., South Bend	(800) 388-AIDS (574) 234-2870	www.aidsministries.org
Cancer Information Services (American Cancer Society)	5635 W. 96th St., St. 2108 Indianapolis	(800) 277-2345	www.cancer.org
American Lung Assoc.	115 W. Washington Suite 1180S, Indianapolis	(800) LUNGUSA Press 2	www.lung.org
Cancer Association of Marshall County	P.O. Box 895 Plymouth	(574) 936-4480 (574) 780-0887	
Diabetic Patient Education Program	1915 Lake Ave., Plymouth	(574) 948-4000	www.sjmed.com
Center for Hospice Care Bereavement Groups	1419 N. Michigan St., Plymouth	(800) HOSPICE (574) 935-4511	www.cfhcare.org
Disabled Support Bowen Center	990 Illinois St., Plymouth	(574) 936-9646	www.bowencenter.org
Marshall County Extension Office: Nutrition	112 W. Jefferson St., Plymouth	(574) 935-8545	www.ces.purdue.edu/marshall
Marshall County Older Adult Services	1305 W. Harrison St., Plymouth	(866) 936-9904 (574) 936-9904	www.marshallcountycouncilonaging.org
Weight Watchers	To locate a workshop	(800) 651-6000	www.weightwatchers.com
American Stroke Association American Heart Association	6500 Technology Dr., Ste. 100 Indianapolis	(800) 242-8721 (317) 732-4700	www.heart.org/supportnetwork
National Kidney Foundation of Indiana	911 E. 86th St., Suite 100 Indianapolis	(317) 722-5640	www.kidney.org www.kidneyindiana.org
Leukemia & Lymphoma Society	11550 N. Meridian, Suite 115 Indianapolis	(800) 955-4572 (317) 860-3840	www.lls.org/patient-support
Life as a Co-Dependent	321 N. Center St., Plymouth	(574) 540-1539 (574) 540-7017	
Indiana Parkinson Foundation		(317) 550-5648	www.indianaparkinson.org

HEALTH

Support Group Services

Company	Description	Phone	Website
Mesothelioma Center	Mesothelioma Patient Advocates	(855) 619-1118	www.asbestos.com
Arthritis Foundation	1355 Peachtree St. NE Ste. 600, Atlanta, GA	(800) 283-7800 (317) 939-6386	www.arthritis.org
Arthritis/Osteoporosis Support	LifePlex, Plymouth Meets 4th Mon. of the month at 2 pm	(574) 936-2333	
COPD Support Group	LifePlex, Plymouth Meets 2nd Mon. of the month at 1 pm	(574) 936-4981	
PAL (Parents of Addicted Loved Ones)	David's Courage 10924 Lincoln Hwy., Plymouth Meets each Monday at 7 pm	(574) 341-3581	
Grief Support Group	LifePlex, Plymouth Various	(574) 274-7035	
David's Courage (Addiction Support)	10924 Lincoln Hwy Plymouth	(574) 598-8569	www.davidscourage.com
Alcoholics Anonymous	321 N. Center St., Plymouth Various meeting times		
Celebrate Recovery	1130 N. Michigan, Plymouth Meets each Thurs. at 6:30 pm	(574) 936-4205	

Card Groups at Life Enrichment Center

EUCHRE

Every Friday at 1:00 pm
Every Saturday at 6:00 pm

BRIDGE CLUB

Every Monday at 12:00 pm
Every 2nd & 4th Wednesday at 12:30 pm
(please call to make arrangements)



HEALTH Hospice

Company	Description	Phone	Website
Heart to Heart Hospice	620 Edison Road, Ste 122 Mishawaka	(574) 855-4475	www.hearttohearthospice.com
Center for Hospice Care <i>See ad page vii</i>	1419 N. Michigan St., Plymouth	(800) HOSPICE (574) 935-4511	www.cfhc.org
Southern Care Hospice	1626 E. Day Road, Mishawaka	(574) 259-0895 (866) 259-0895	www.southerncarehospice.com
ProMedica Hospice	230 W. Catalpa, Mishawaka	(574) 257-7551 (866) 421-6973	www.promedica-hospice.org
Gentiva Hospice	1476 W. 18th St., Rochester	(574) 224-4673 (888) 737-4673	www.gentivahs.com
Aseracare Hospice	808 Vale Park Rd, Ste 200, Valparaiso	(888) 868-1957 (219) 462-6398	www.amedisys.com
HarmonyCares Hospice	5838 W. Brick Road, Ste 101 South Bend	(574) 208-9270	www.harmonycarehospice.com
Dunes Hospice <i>See ad below</i>	1417 Michigan Street, Plymouth	(888) 602-9004	www.duneshospicellc.com

**Local sales agent.
Local Medicare
Advantage plans.**



Susan Smith
Licensed Sales Agent
765-985-2017, TTY 711



Y0066_23SPRJ55188_C

1417 Michigan Street
Plymouth, IN
(888) 602-9004
www.duneshospicellc.com

HOUSING

Assisted Living

Company	Description	Phone	Website
Miller's Senior Living Community <i>See ad on page vi</i>	625 W. Oakhill Ave., Plymouth	(574) 936-9801	www.millersseniorliving.com
St. Paul's	3602 S. Ironwood Dr., South Bend	(574) 284-9000	www.sjmed.com/st-pauls
Wynnfield Crossing	1729 Wabash Ave., Rochester	(574) 224-2400 (574) 224-2634	www.wynnfieldcrossing.com
Heritage Point Assisted Living and Memory Care	1215 Trinity Place, Mishawaka	(574) 247-7400	www.sunshineretirementliving.com/heritagepoint
Autumn Trace	2560 W. Lake Ave., Plymouth	(574) 540-2089	www.autumntracecommunities.com
We Belong Senior Home	300 Meadow Ln., Plymouth	(574) 780-6860	www.webelongseniorhome.com

Housing Assistance

Company	Description	Phone	Website
Link to Hope - Rental Assistance	By appointment	(574) 941-2273	www.linktohopemarshallcountyin.com
Habitat for Humanity Rebuilding Together	116 S. Walnut St., Plymouth	(574) 935-4214	www.habitatomc.org
North Central Indiana Housing Authority (HUD)	PO Box 387, Milford 109 W. Catherine St.	(574) 269-7641 (574) 696-1034 (fax)	www.hud.gov
USDA Rural Development - House Repairs	1406 S. Heaton, Knox	(574) 772-3066	



Meals on Wheels

Marshall County Council on Aging delivers nutritious meals to those in need throughout Marshall County, with the generous help of community volunteers. Our goal is to provide prompt, courteous and caring service in the delivery of good, nutritious meals that will improve our clients' quality of life and enhance their ability to live independently. Hot meals are available Monday through Friday, in Plymouth, Bourbon, Argos, Bremen, and Culver. Some rural areas are subject to weekly delivery of frozen meals only. Please call Marshall County Council on Aging if you know of someone in need or you would like to volunteer, at (574) 936-9904 or toll-free (866) 936-9904. Subsidies are available.



HOUSING

Independent Senior Living *(S = Subsidized)*

Company	Description	Phone	Website
<i>(S)</i> Argos Garden Court	400 W. Marshall, Argos	(574) 892-6794	www.bradleyco.com
The Whitlock	515 S. Whitlock St., Bremen	(574) 546-4765	www.thewhitlock.org
<i>(S)</i> Bourbon Garden Court	200 W. Florence St., Bourbon	(574) 342-0550	www.bradleyco.com
<i>(S)</i> Fairfield Garden Court	2200 Hillcrest Ave., Plymouth	(574) 935-3600	www.bradleyco.com
<i>(S)</i> Forest Place Senior Apartments	660 Forest Place, Culver	(574) 842-4425	www.forestplaceseniorapts.com
<i>(S)</i> Garden Court Downtown	315 W. Garro St., Plymouth	(574) 936-2348	www.bradleyco.com
<i>(S)</i> Garden Court East	501 Pennsylvania St., Plymouth	(574) 935-5027	www.bradleyco.com
<i>(S)</i> Garden Court West	400 W. Washington St., Plymouth	(574) 936-7131	www.bradleyco.com
Centennial Crossing	2227 Bitter Root Dr., Plymouth	(574) 540-2047	www.centennialcrossingplymouth.com
Maria Center	9601 Union Road, Plymouth	(574) 936-9936	www.poorhandmaids.org
<i>(S)</i> Neidlinger Garden Court	905 Berkley St., Plymouth	(574) 936-5900	www.bradleyco.com
<i>(S)</i> Oakhaven Community	500 S. Montgomery St., Bremen	(574) 546-2671	www.unitedchurch homes.org
Bremen Village Apts.	337 Woodies Lane, Bremen	(574) 546-3451	www.bradleyco.com
Parkview Place Apts.	302 Novelty St., Plymouth	(574) 936-4487	www.pmandmindiana.com
<i>(S)</i> LaPaz Garden Court	110 Cale St., LaPaz	(574) 784-2342	www.bradleyco.com
<i>(S)</i> Knox Garden Court	601 Williams St., Knox	(574) 772-3241	www.bradleyco.com
River Park	805 Baker St., Plymouth	(574) 936-2535	www.riverparkplymouth.com
Riverwalk Community	805 Baker St., Plymouth	(574) 936-2535	www.riverwalkplymouth.com
Windmill Park	623 Windmill Dr., Plymouth	(574) 540-2546	www.mhvillage.com/ parks/57209
Gardenview Condominiums	525 S. Michigan St., Plymouth	(574) 936-4487	www.pmandmindiana.com
<i>(S)</i> Culver Garden Court	801 S. Main St., Culver	(574) 842-2012	www.bradleyco.com
<i>(S)</i> Stoneridge Apartments	601 Bourbon St., Bourbon	(574) 342-6899	

Notes: _____

HOUSING

Nursing Facilities Information

Company	Description	Phone	Website
Indiana State Department of Health	Reporting of possible health violations	(800) 246-8909	www.in.gov/isdh
Pre-Admission Screening	Area 2 Agency on Aging	(800) 552-2916	www.realservices.org
Regional Long-Term Care Ombudsman	Advocate for nursing home resident rights	(800) 552-2916 (574) 284-7135	www.realservices.org
State Long-Term Care Ombudsman	Advocate for nursing home resident rights	(800) 622-4484	www.in.gov/fssa/da



Knitting Group



Good Times Woodcarvers



Mexican Train Dominoes

SPECIAL INTEREST GROUPS @ LEC

(Life Enrichment Center)

Good Times Woodcarvers

Every Monday at 9:00 am

Paper Crafters

Every Monday at 9:00 am

DAV & DAV Auxiliary

2nd Saturday of the month at 1:00 pm

Quilters Club

2nd Monday of the month at 6:00 pm

Knitting Club

Every Tuesday at 9:00 am

Mexican Train Dominoes

Every Monday at 12 noon

Exercise Classes (2 sessions)

Every Wednesday & Friday 10:00 am

Every Tuesday & Thursday 10:00 am

Hoosier Old Wheels

1st Thursday of the month 7:30 pm

Arts & Crafts Share Circle

Every Thursday at 10:00 am

Brief Legal Clinic

2nd Friday & 4th Wednesday (by appointment only)

Water Color Painting

Every Monday at 10:00 am

Heartland Camera Club

2nd Thursday of the month at 7:00 pm

HOUSING

Nursing Facilities

Company	Description	Phone	Website
Signature Healthcare of Bremen	316 Woodies Lane, Bremen	(574) 546-3494	www.shcofbremen.com
Knox Care Center	300 E. Culver Road, Knox	(574) 772-6248	www.goldenlivingcenters.com
Miller's Merry Manor <i>See ad page vi</i>	635 W. Oakhill Ave., Plymouth 500 Walkerton Trl., Walkerton 730 School St., Culver	(574) 936-9981 (574) 586-3133 (574) 842-3337	www.millersmerrymanor.com
Pilgrim Manor <i>See ad below</i>	222 Parkview St., Plymouth	(574) 936-9943	www.pilgrim-manor.com
St. Paul's	3602 S. Ironwood Dr., South Bend	(574) 284-9000	www.trinityhealthseniorcommunities.org/indiana/st-pauls
Wintersong Village	1005 S. Edgewood Dr., Knox	(574) 772-5826	www.wintersongvillage nursing.com

Notes: _____



EXCEPTIONAL CARE from compassionate caregivers.♦

- ♦ Rehabilitation to home
- ♦ Long-term Residency Adult Day Services
- ♦ Physical Therapy
- ♦ Speech Therapy
- ♦ Occupational Therapy

**Pilgrim
manor**
rehabilitation and nursing services

222 Parkview Street, Plymouth IN 46563
pilgrim-manor@pilgrim-manor.com
574-936-9943

SENIOR SUPPORT

Abuse Services

Company	Description	Phone	Website
Adult Protective Services	Protection of endangered adults from abuse, neglect & exploitation	(574) 235-5092 (800) 626-8320	
Beaman Home	Domestic Shelter P.O. Box 654, Warsaw	(574) 267-7701 (877) 725-9363	www.thebeamanhome.org 24 Hour Hot Line
Marshall County Victim Assistance	Victim's Assistance 112 W. Jefferson Rm 101, Plymouth	(574) 935-8609	www.co.marshall.in.us
State of Indiana Adult Protective Services	Protection of endangered adults from abuse, neglect & exploitation	(800) 992-6978	www.in.gov/fssa/da
Child Protection Services	2125 N. Oak Dr., Plymouth	(574) 935-4046	www.in.gov/dcs
Child Abuse Hotline		(800) 800-5556	
Guardian Partner Program	P.O. Box 1835, South Bend	(574) 284-2649	www.GuardianPartner.org
Nursing Home Abuse Justice	Chestnut Hill, MA	(855) 664-9728	www.nursinghomeabuse.org

Adult Daycare/Respite Services

Company	Description	Phone	Website
Miller's Merry Manor <i>See ad page vi</i>	Culver Plymouth Walkerton	(574) 842-3337 (574) 936-9981 (574) 586-3133	www.millersmerrymanor.com
Pilgrim Manor <i>See ad on page 20</i>	222 Parkview St., Plymouth	(574) 936-9943	www.plgrim-monor.com
Wampler's Senior Home	305 E. North St., Bourbon	(574) 342-0431	
Saint Joseph PACE <i>See ad page iv</i>	250 E .Day Rd., Mishawaka	(574) 247-8700	www.sjmed.com/pace
Wynnfield Crossing	1729 Wabash Ave., Rochester	(574) 224-2400 (574) 224-2634 - direct line	www.wynnfieldcrossing.com
Heritage Point Alzheimer's Special Care Center	1215 Trinity Place, Mishawaka – Respite services only	(574) 247-7400	
Milton Village	111 Sunnybrook Ct., South Bend	(574) 232-4121	
We Belong Senior Home	300 Meadow Ln., Plymouth	(574) 780-6860	www.webelongseniorhome.com

Notes: _____

SENIOR SUPPORT

Food Programs

Company	Description	Phone	Website
Food Stamp Office (SNAP)	Marshall County 510 W. Adams Suite 210, Plymouth	(800) 403-0864	www.in.gov/fssa/dfr
Meals on Wheels	Argos Bourbon Bremen Plymouth Culver	(574) 936-9904 (574) 936-9904 (574) 248-0549 (574) 936-9904 (574) 936-9904	www.marshallcountycouncilonaging.org
Real Services Nutrition Site	Argos Bourbon Bremen Plymouth LaPaz <i>Call 1 Day Ahead for Reservations</i>	(574) 892-9669 (574) 342-7031 (574) 933-2944 (574) 935-0047 (574) 309-7061	www.realservices.org
Marshall County Neighborhood Center	402 W. Garro St., Plymouth Mon. 1-2:45 pm • Wed. 10-12 am, 5-6:45 pm • Fri. 9-10:45 am	(574) 936-3388	www.helpingmcfamilies.org
Argos United Methodist Church Food Pantry	570 N Michigan St, Argos. Tues. 9-11 am • Thurs. 5:30-6:30 pm	(574) 892-5645	
Bourbon First United Methodist Church Helping Hands Food Pantry	204 N Washington St, Bourbon Wed. 1-3 pm, 5:30-6:30 pm	(574) 342-5765	
Grace Food Pantry of Bremen	1237 W. Plymouth St., Bremen 2nd & 4th Wednesdays 11:00 am - 4:00 pm	(574) 546-2667 (574) 546-2400	
County Line Church of the Brethren Food Pantry	69988 US 31, Lakeville Tues. 2:30-5 pm	(574) 784-3352	
Culver Food Pantry	307 N. Plymouth St., Culver Tues. 10:00 am-12:00 pm	(574) 835-2502	
Bread of Life Food Pantry	6770 N. Michigan St., Plymouth Mon. 5:00-7:00 pm • Wed., Fri. 1:00-3:00 pm	(574) 936-1006	
Monastery of the Holy Martyrs	1000 S. Michigan St, PLYMOUTH. Open 7 days a week from 1 - 4 pm. Mobile food upon request	(574) 316-9970	
Pantry at The Country Church	2951 E 9B Road, Bourbon 1st & 3rd Thurs. 10 am to noon	(574) 305-1940	
Plymouth Wesleyan Church Food Pantry	11203 S. Michigan Rd., Plymouth. 1st & 3rd Thurs. 9 - 11 am	(574) 936-3637	
St. Thomas Episcopal Church Non Food Pantry	400 N. Center St., Plymouth Wed. 5:30-7:30 pm	(574) 936-2735	www.stthomasplymouth.org
Shepherd's Food Pantry	570 N. Michigan St., Argos Tues. 9:00-11:00 am Thurs. 5:30-6:30 pm	(574) 892-5645	

SENIOR SUPPORT

Fuel Assistance

Company	Description	Phone	Website
Gift of Warmth/ Neighborhood Center	Assistance with Heating Bill NIPSCO	(574) 936-3388	
Energy Assistance Program	Assistance with Heating Bills	(800) 225-3367	www.realservices.org
Weatherization Program	Provides home weatherization to income eligible persons	(800) 552-2916 ext. 7113	www.realservices.org

Funeral Services

Company	Description	Phone	Website
Odom Funeral Home	104 E. Lake Shore Dr., Culver	(574) 842-2082	www.odomfuneralhome.net
Deaton-Clemens Funeral Home <i>See ad page 13</i>	115 S. Main St., Bourbon	(574) 342-5395	www.deatonclemensfh.com
Earl-Grossman Funeral Home	208 N. Michigan St., Argos	(574) 892-5113	www.earlgrossmanfuneral.com
Johnson-Danielson Funeral Home <i>See ad page iii</i>	1100 N. Michigan St., Plymouth	(574) 936-2829	www.johnson-danielson.com
Mishler Funeral Home	2030 SR 331, Bremen	(574) 546-2861 (800) 548-2861	www.mishlerfuneralhomes.com
Deaton-Clemens VanGilder Funeral Home <i>See ad page 13</i>	300 W. Madison St., Plymouth	(574) 936-2534	www.deatonclemensfh.com

Senior Centers

Company	Description	Phone	Website
Matchette Square Bourbon Senior Center	805 N. Harris St., Bourbon	(574) 342-7031	
Bremen Community & Performing Arts Center	214 E. South St., Bremen	(574) 971-6734	
Life Enrichment Center Marshall County Council on Aging	1305 W. Harrison St., Plymouth	(574) 936-9904 (866) 936-9904	www.marshallcountycouncil onaging.org



MICHIANA CRIME STOPPERS
www.michianacrimestoppers.com
 (800) 342-STOP • (574) 288-STOP

NATIONAL CRIME STOPPERS
www.crimestoppersusa.org
 (800) 222-8477 • (800) 222-TIPS

SENIOR SUPPORT

Legal/Financial

Company	Description	Phone	Website
Annual Credit Report Request Service	P.O. Box 105281, Atlanta, GA 30348-5281	(877) 322-8228	www.annualcreditreport.com
Legal Services - Marshall County Older Adult Services	Legal Information and Referral Source	(574) 936-9904	www.marshallcountycouncilonaging.org
Indiana Legal Services	227 E. Main St., Ste. 200 South Bend	(800) 288-8121	www.indianalegalservices.org
The Volunteer Lawyer Network, Inc.	Brief Legal Clinic @ Marshall County Council on Aging by Appt.	(574) 936-9904 (574) 277-0075	www.volunteerlawyernetwork.org
Indiana Attorney General Office	Consumer Protection, ID Theft, Medicaid Fraud, Telephone Privacy, Patient Abuse, Unclaimed Property	(317) 232-6330 (800) 382-5516	www.in.gov/attorneygeneral
Marshall County Prosecutor's Office	112 W. Jefferson St., Plymouth	(574) 935-8666	www.co.marshall.in.us
Legal Help Kiosk	501 N. Center St., Plymouth Basement, Mon. - Fri. 8 am-4 pm		www.indianalegalhelp.org

Create a Legacy. Make a Difference.



Choosing the right planned gift depends on your personal circumstances, financial goals and your dreams for the future.

Your legacy gift could support nonprofit organizations, provide scholarships or support the arts and culture, community development, education, environment, faith community or health and human services in Marshall County.

To learn more about making a gift in your will or living trust that will impact lives in Marshall County for years to come, please contact us at 574-935-5159.



United Way of
Marshall County

Strong Community Partners

Your gift to the United Way Fund at the Foundation fights for the education, health and financial stability of every person in every community, not just today but for generations! Now that's a legacy of building help and hope!

Visit our offices at 2680 Miller Dr., Suite 120, Plymouth, IN • www.marshallcountycf.org • email info@marshallcountycf.org

SENIOR SUPPORT


Transportation

(S = Subsidized) (W/C = Wheelchair Accessible) (M = Medicaid Provider)

Company	Description	Phone	Website
(S, W/C, M) Marshall County Council on Aging Public Transit <i>See ad below</i>	Public & Senior/Disabled Transportation	(574) 936-9904 (866) 936-9904	www.marshallcountycouncilonaging.org
EZ Run	Taxi Service/ Food Delivery	(574) 540-2022	


Work Assistance

Company	Description	Phone	Website
Area 2 Agency on Aging	Senior Resources	(800) 552-2916	www.realservices.org
WorkOne	510 W. Adams St., Plymouth	(574) 936-8919	www.gotoworkone.com
Goodwill Industries	1547 Pilgrim Ln., Plymouth	(574) 977-8049	www.goodwill-ni.org
Senior Community Service Employment Program	851 S. Marietta St., South Bend	(574) 237-9675 ext. 1128	



The Best Transportation Value in the County

Marshall County Public Transit
 Marshall County Council on Aging
 (574) 936-9904 toll-free: (866) 936-9904
 Available to anyone in Marshall County



- Public Transportation
- Medicaid Provider
- ADA accessible vehicles
- Service to area Veteran Facilities
- Pre-paid discount cards available
- Personal attendants, service animals, & oxygen equipment ride free.

Call to Schedule a Ride

Same day service

Available within Plymouth City Limits

LIBRARIES

Company	Description	Phone	Website
Plymouth Public Library	201 N. Center St., Plymouth	(574) 936-2324	www.myplymouthlibrary.org
Bremen Public Library	304 N. Jackson St., Bremen	(574) 546-2849	www.bremen.lib.in.us
Bourbon Public Library	307 N. Main St., Bourbon	(574) 342-5655	www.bourbon.lib.in.us
Culver-Union Township Library	107 N. Main St., Culver	(574) 842-2941	www.culver.lib.in.us
Argos Public Library	142 N. Michigan, Argos	(574) 892-5818	www.argospubliclibrary.com

Marshall County Senior-Friendly Library Services

Service	Argos	Bremen	Bourbon	Culver	Plymouth
Book Club	●	●	●	●	●
Books On Cd/Play-Aways	●	●	●	●	●
Cd & DVD Cleaning Service		●			●
Community Bulletin Board	●	●	●	●	●
Computer Classes			●		
Copy,Fax, Scan Services	●	●	●	●	●
DVD Collection	●	●	●	●	●
Ebooks	●	●	●	●	●
Free Email Set-Up	●	●	●	●	●
Free Home Delivery	●	●	●		●
Free Wi-Fi / Computer Lab	●	●	●	●	●
Genealogy/Ancestry.com		●		●	●
Inter-Library Loan	●	●	●	●	●
Knitting And/Or Quilting Group	●		●	●	●
Large Print Books	●	●	●	●	●
Local Newspapers	●	●	●	●	●
Meeting Room	●	●	●	●	
Quiet Adult Reading Area	●	●	●	●	●
Special Interest Adult Programs	●	●	●	●	●

Notes: _____

VETERAN SERVICES

Company	Description	Phone	Website
Marshall County Veteran Services <i>See ad below</i>	112 W. Jefferson, Room 306	(574) 935-8546	Email Pam Schweizer-Betzpamsb@co.marshall.in.us
Department of Veteran Affairs		(800) 698-2411	www.va.gov
Indiana Department of Veteran Affairs	777 N. Meridian St., Ste. 300, Indianapolis	(800) 400-4520 (317) 232-3910	www.in.gov/dva
Fort Wayne VA Medical Center	2121 Lake Ave., Fort Wayne	(800) 360-8387 (260) 426-5431	www.northernindiana.va.gov
Jackie Walorski VA Clinic	1540 Trinity Pl., Mishawaka	(574) 272-9000	www.northernindiana.va.gov
National VA Suicide Prevention Hotline		988 select 1 or Text to 838255	
Disabled American Veterans Chapter 42	Life Enrichment Center - Meets 2nd Sat. of the month 1:00 pm	(219) 286-4821	
Disabled American Veterans Auxiliary Unit 42	Life Enrichment Center - Meets 2nd Sat. of the month 1:00 pm	(574) 780-7758	
Veterans Benefits Administration		(800) 827-1000	www.va.gov
Veterans Health Care Administration		(877) 222-8387	www.va.gov/health/
Bright Point	227 E. Washington Blvd., Ft. Wayne Support Services for Veteran Families	(260) 423-3546 (800) 589-3506	www.mybrightpoint.org
Women Veterans Call Center		855.VA.WOMEN (855) 829-6636	www.in.gov/dva



Marshall County Veteran Service Office

Pam Schweizer-Betz CVSO

112 W. Jefferson, Street Room 306, Plymouth, IN 46563

Phone: 574-935-8546 • Fax: 574-936-2752

pamsb@co.marshall.in.us

Complimentary to the veteran and provided by Marshall County

Disability Claims, Aid and Attendance Claims, VA Medical Enrollment, Records Retrieval-Military-Personal-Medical, Guidance in all aspects of the VA process.



TRUSTEES/CHAMBERS/GOVERNMENT OFFICIALS

City and Township Trustees

City/Township	Trustee	E-mail Address	Phone
Bourbon Town / Bourbon Township	Ryan Schori	bourbontwptrustee@gmail.com	(574) 342-4875
Argos / Green Township	Marie Fishburn	mrsfish1982@embarqmail.com	(574) 935-5545
LaPaz North Township	Emily Haskins	northtownshiptrustee@yahoo.com	(574) 784-2445
Polk Township	Jerry Lamb	jlpolktpw@yahoo.com	(574) 780-6241
Tippecanoe Township	Matt Pitney	trustee.matt.pitney@gmail.com	(574) 952-0693
Culver Town / Union Township	Marlene Mahler	uniontrusteemarshallco@gmail.com	(574) 842-4260
Argos / Walnut Township	Stephen Wilhelm	walnut.township.trustee@gmail.com	(574) 892-5500
Plymouth / West Township	Terry Borggren	westtpw50@gmail.com	(574) 780-7991
Plymouth / Center Township	Amy Knapp	centertwp@embarqmail.com	(574) 936-3726
Bremen / German Township	Benny J. Baker	kim.ben.baker@gmail.com	(574) 546-4823

Chambers Of Commerce

City	Address	Phone	Website
Bremen Chamber of Commerce	111 S. Center St., Bremen, IN 46506	(574) 546-2044	www.townofbremen.com
Culver Chamber of Commerce	P.O. Box 129 Culver, IN 46511	(574) 842-5253	www.culverchamber.org
Plymouth Chamber of Commerce	120 N. Michigan St., Plymouth, IN 46563	(574) 936-2323	www.plychamber.org

Government Officials

Indiana Senator

Ryan Mishler 200 W. Washington · Indianapolis, IN
(800) 382-9467

Indiana Representative - District 17

Jack Jordan 200 W. Washington · Indianapolis, IN
(800) 382-9841

United States Senators

Todd Young 251 N. Illinois St., Ste. 120 · Indianapolis, IN
(317) 226-6700

Mike Braun 115 N. Pennsylvania St. · Indianapolis, IN
(317) 822-8240

United States Representative

Rudy Yakym 2410 Grape Rd., Ste. 2A · Mishawaka, IN
(574) 204-2645

ASSOCIATIONS/CLUBS/SOCIAL

Company	Address/Description	Phone
American Legion Post #27	1040 E. Jefferson St., Plymouth	(574) 936-8827
American Legion Post #68	120 N. First St., Argos	(574) 892-5877
American Legion Post #424	202 S. Main St., Bourbon	(574) 342-8100
American Legion Post #191	1750 W. Plymouth St., Bremen	(574) 546-4971
American Legion Post #385	South Michigan St., LaPaz	(574) 784-9938
American Legion Post #189	302 Legion Dr., Walkerton	(574) 586-2001
Elks #2548	12445 7B Rd., Plymouth	(574) 935-5511
Kiwanis	Community Hospital Bremen, 1020 High Rd., Bremen Meets: 2nd & 4th Tuesday @ 6:30 am	
Kiwanis	Lake House Grille, 620 E. Lake Shore Dr., Culver Meets: 1st & 3rd, Wednesday @ 5:30 pm	
Kiwanis	Opies 114 N. Michigan St., Plymouth Meets: Every Tuesday @ 12:00 noon	
Lions Club	Life Enrichment Center, 1305 West Harrison St., Plymouth Meets: 1st & 3rd, Monday @ 6:30 pm	
Lions Club	Lion's Den, 510 Maplewood Ave., Bourbon Meets: Tuesday @ 5:30 pm	
Lions Club	Vandalia Railroad, 615 LakeShore Dr., Culver Meets: 2nd & 4th Wednesday @ 6:30 pm	
Lions Club	Heritage Park Bldg., Etna Green Meets: 2nd & 4th Monday @ 6:30 pm	
Lions Club (LaPaz)	Cornerstone Community, 1374 Maple Rd., Plymouth Meets: 1st Monday @ 7:00 pm	
Lions Club	B&R Bldg., 152 S. Michigan St., Argos Meets: 2nd Thursday @ 6:30 pm	
Plymouth Moose #741	1225 W. Jefferson St., Plymouth	(574) 936-3530
Plymouth Rotary Club	Opies Deli, 114 N. Michigan St., Plymouth Meets: Every Monday @ 12:00 noon	
Plymouth Kilwinning Lodge #149	109 Water St., Plymouth Meets: 1st Thursday @ 7:30 pm	(574) 936-2664
VFW Post #8972	1750 W. Plymouth St., Bremen	(574) 546-4971
VFW Post #6919	108 E. Washington St., Culver	(574) 842-3886
VFW Post #1162	1305 W. Harrison St., Plymouth Meets: 3rd Tuesday @ 6:00 pm	(574) 936-2091

ENTERTAINMENT & MUSEUMS

Company	Address	Phone	Website
The Rees	100 N. Michigan St., Plymouth	(574) 337-7337	www.reestheatre.com
Wild Rose Moon	115 N. Michigan St., Plymouth	(574) 276-1185	www.wildrosemoon.com
Showland Cinema	2745 N. Oak Rd., Plymouth	(574) 935-5300	www.showlandcinemas.com
TriWay Drive-In	4400 N. Michigan Rd., Plymouth		www.triwaydrivein.com
Moon Tree Studios	9638 Union Rd., Donaldson	(574) 935-1712	www.moontreestudios.org
Heartland Artists Gallery	101 N. Michigan St., Plymouth	(574) 936-9515	www.heartlandartgallery.com
Swan Lake Golf Course	5203 Plymouth-LaPorte Tr., Plymouth	(574) 935-5680	www.swanlakeresort.com
Woodbury Golf Course	12641 7B Rd., Plymouth	(574) 936-4405	www.woodburyoutdoors.com
Pretty Lake Golf Club	10055 Pretty Lake Trl., Plymouth	(574) 935-3705	www.prettylakegolf.com
Tri-Way Family Golf Course	4400 N. Michigan St., Plymouth		www.triwayfamilygolf.com
Pla-Mor Campground	2162 US Hwy 6, Bremen	(574) 546-3665	www.pla-mor.com
Potawatomi Wildlife Park	16988 SR 331, Tippecanoe	(574) 498-6550	www.potawatomiwildlifepark.com
Plymouth Park & Recreation Dept.	1660 N. Michigan Rd., Plymouth	(574) 936-2876	www.plymouthin.com
Argos Community Park	560 W. Walnut St., Argos	(574) 892-5717	www.townofargos.com
Bourbon Park & Splash Pad	E. Sunset Dr., Bourbon	(574) 342-4755	www.bourbon-in.gov
Bremen Park & Recreation Dept.	512 S. East St., Bremen	(574) 546-3390	www.bremenrec.org
Culver Park & Recreation Dept.	819 Lake Shore Dr., Culver	(574) 842-3510	www.townofculver.org
Back Forty Sporting Clays	1010 9B Rd., Bourbon	(574) 342-4665	www.backfortysportingclays.com
Quick's Lanes	1024 W. Jefferson St., Plymouth	(574) 936-3633	
Barn Quilt Trail	108 N. Michigan St., Plymouth	(800) 626-5353	
Marshall County Historic Crossroads Center	123 N. Michigan St., Plymouth	(574) 936-2306	www.mchistoricalsociety.org
Culver Academies History	102 S. Main St., Culver	(574) 842-7815	www.culver.org/museum
Culver Historical Society	102 W. Jefferson St., Culver	(574) 635-0053	www.culverahs.com
Chief Menominee Monument/Trail of Death	12380 Peach Rd., Plymouth		www.potawatomi-tda.org/indiana/chiefs.htm
Historic Train Depot	810 Douglas Rd., Bremen		www.historicbremen.com
Marshall County Parks & Recreation			www.co.marshall.in.us

COMMUNITY VOLUNTEER OPPORTUNITIES

Company	Description	Phone	Website
Bikes for Kids	Repairing/Donations/Support	(574) 221-5688	www.bikesforkids.net
Boys and Girls Club – Bremen	Character/Leadership/Health/Life Skills	(574) 546-3554 Opt. 6	www.bgcmco.org
Boys and Girls Club – Plymouth	Character/Leadership/Health/Life Skills	(574) 936-0664	www.bgcmco.org
Bread of Life Community Food Pantry	Food Pantry	(574) 936-1006	Email: boflifep@gmail.com
CASA (Court Appointed Special Advocates)	Child Advocacy	(574) 935-8723	www.marshallcountycasa.org
Center for Hospice	Care Respite Care/Office/Clerical/ Pet Visitation Bereavement Calls/ Companionship	(574) 286-1198	www.cfhcare.org
Community Hospital of Bremen	Gift Shop/Fundraising/Events	(574) 546-2897	See Facebook Page
Culver Youth Club	Character/Leadership/Health/Life Skills	(574) 250-0103	www.sites.google.com/culver.k12.in.us/ culver-youth-club
Link to Hope	Fundraising/Special Events	(574) 941-2273	www.linktohopemarshallcountyin.com
Marshall County Blueberry Festival	Festival Planning/Souvenir Shop/ Office/Clerical	(574) 936-5020	www.blueberryfestival.org
Marshall County Community Foundation	Clerical/Mailings/Special Events	(574) 935-5159	www.marshallcountycf.org
Marshall County Council on Aging	Senior Expo/ Meals on Wheels/ Classes	(574) 936-9904	www.marshallcountycouncilonaging.org
Marshall County Habitat for Humanity	ReStore/Fundraising/Events/Home Building	(574) 935-4214	www.habitatomc.org
Marshall County Historical Society Museum	Crossroads Center/Events/ Fundraising	(574) 936-2306	www.mchistoricalsociety.org
Marshall County Neighborhood Center	Food and Clothing Pantries	(574) 936-3388	www.helpingmcfamilies.org
Miller's Merry Manor - Culver	Entertainment/Activities/ Companionship	(574) 842-3337	www.millersmerrymanor.com
Miller's Merry Manor - Plymouth	Entertainment/Activities/ Companionship	(574) 936-9981	www.millersmerrymanor.com
Operation Quiet Comfort	Events/Donations	(574) 936-1424	Email: janh@operationquietcomfort.com
Pilgrim Manor	Entertainment/Activities/ Companionship	(574) 936-9943	www.pilgrim-manor.com
Plymouth Public Library	Fundraising/Donations/Clerical	(574) 936-2324	www.plymouthpubliclibrary.org
Real Services	Deliveries/Guardianship Advocacy/ Housekeeping/ Group Projects/ Handy Person	(574) 284-7138	www.realservices.org
The Rees	Ushers/Hosts	(574) 337-7337	www.reestheatre.com
Saint Joseph Health System	Gift Shop/Fundraising/Special Events	(574) 335-3987	www.sjmed.com
SHIP Advisor (State Health Insurance Assistance Program)	Provides free, impartial health insurance information for people with medicare	(574) 936-9904	www.marshallcountycouncilonaging.org
Unity Garden	Prepare, plant, weed and water	(574) 936-9904	www.marshallcountycouncilonaging.org
Webster Elementary Mentoring Program	Mentoring At-risk Children	(574) 936-2519	www.plymouthtrinityumc.com

2023 Marshall County Council on Aging Board of Directors

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Marshall County Council on Aging



Life Enrichment Center

574-936-9904 · 866-936-9904
 1305 West Harrison Street
 Plymouth

Our Mission is to provide quality services in the least restrictive environment to keep people independent.

The Agency will give up-to-date and accurate information regarding all senior services available to Marshall County residents and refer as needed. Marshall County Older Adult Services, believing in the dignity of all people, will provide services to eligible person without regard to race, creed, sex, lifestyle, national origin or regardless of previous condition of servitude.

Services provided by the Agency are as listed:

- Information and Referral
- Annual Senior Expo
- State Health Insurance Information Program
- Meals on Wheels
- Representative Payee Program
- Marshall County Senior Guide
- Public Transportation
- Room Rental
- Various educational, artistic, card groups and more!



GARDEN COURT APARTMENTS

*You may qualify to live at
one of these properties*

Quality housing for those individuals meeting
**eligibility criteria and are 62 years of age or older
or individuals whom are disabled of any age***

*Age and disability criteria vary based on location

PROPERTIES LOCATED IN:

**ARGOS, BOURBON, CULVER, KNOX,
LAPAZ, MENTONE, & PLYMOUTH**

AMENITIES

Community room • On-site laundry facilities • All appliances included
24/7 maintenance service • All utilities included in rent
Emergency medical pull cords in bathroom and bedroom or living area

*Rental rates are generally based on 30% of a resident's monthly adjusted income.
County income limits apply based on program type.*



Managed By:
**BRADLEY
COMPANY**

FOR MORE INFORMATION, CALL: 574.340.0884 TTY: 711
TO GET AN APPLICATION VISIT ANY OF OUR 12 LOCATIONS



This institution is an equal opportunity provider and employer.

***From Lift Chairs and Scooters
to all your everyday home medical needs.***

**ALICK'S
HOME MEDICAL**
... because we care



**Visit our
NEW LOCATION
in Warsaw!**

Alick's Warsaw
2306 Dubois Drive
Warsaw, IN 46580
574-267-4900

Alick's Plymouth
1920 W Lake Avenue
Plymouth, IN 46563
574-941-4444



**1-800-633-4144
www.alicks.com**

SHIP is Here to HELP

with your Medicare questions.



If you make about \$2,300/month (single) or less and are on Medicare, then you might qualify for assistance with prescription drugs and expenses for your medical care. The Council on Aging staff can help you apply.

-  Extra Help to pay for your prescription drug plan
-  Medicare Savings Program to help pay for your Part A and B deductibles and co-pays

Our certified trained counselors offer you free and impartial counseling about your Medicare choices, supplement options, and ways to afford your health care and medications when you need it most.

The State Health Insurance Assistance Program (SHIP) is a free and impartial counseling program for people with Medicare. SHIP is provided by the Administration for Community Living and the Indiana Department of Insurance.



Marshall County Council on Aging
1305 W. Harrison St., Plymouth, IN • (574) 936-9904



Professional Rehabilitation. Compassionate Senior Healthcare.

Short-Term Rehab | Assisted Living | Outpatient Therapy | Home Health Care

(also offering long-term care, memory care, respite care, & adult day services)

CULVER
 730 School St.
 574.842.3337

PLYMOUTH (skilled nursing)
 635 Oakhill Ave.
 574.936.9981

PLYMOUTH (assisted living)
 625 Oakhill Ave.
 574.936.9801

WALKERTON
 500 Walkerton Trail
 574.586.3133

Connect with us online at www.MillersMerryManor.com or on Facebook.

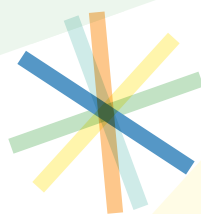
Choose to make the most of life

Most individuals facing a life-limiting illness want to learn their options concerning end-of-life care prior to a crisis occurring. Questions such as, "As my disease progresses, how can I continue to stay at home?" and "How can my family and I get the support needed to do it?"

Center for Hospice Care strives for you to be able to make the most of each day. You'll have choices in the direction of your care supported by a full team of professionals that are focused upon your custom created care plan. And, hospice is covered by Medicare and private insurance making it virtually free.

We're a local, not-for-profit organization who has served nearly 44,000 area patients and families since 1980, and specifically, Marshall County for 28 years. Contact us to learn more about your options.

1419 North Michigan Street
Plymouth, IN 46563
1-800-HOSPICE (467-7423)
cfhcare.org



Center for
Hospice Care

choices to make the most of life™

Go To St. Joe

We strive to be a trusted community partner, it's what we're called to do.



For more information,
please call:

1.855.88.SJMED
(1.855.887.5633).

SAINT JOSEPH
HEALTH SYSTEM

A Member of Trinity Health

HEALTH INSURANCE
SERVICES

Saint Joseph Health System Health Insurance Services is here to provide you with the information you need about Medicare and health insurance options after you retire.

Our services are free and include:

- Medicare and Health Insurance Enrollment
- Medicare Supplements, Advantage Plans, Part D Prescription Plans and Medicare Savings Programs
- Preventive and Wellness care information, including Home Health Care, Dental and Vision plans
- Medicaid/Hoosier Healthwise/Healthy Indiana Plan
- Insurance Education and Seminars
- Our advisors are licensed agents in the states of Indiana and Michigan and do not work on commission