

July 2022						
◀ Jun 2022						Aug 2022 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:00 SESSION 2 EXERCISE* 1:00 EUCHRE	2
3	4 Indep. Day MCCOA CLOSED	5 10:00 SESSION 1 EXERCISE* 11:30 Lunch & Learn – Supplements, What you Need to Know –RSVP required	6 10:00 SESSION 2 EXERCISE*	7 10:00 SESSION 1 EXERCISE* 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS	8 10:00 SESSION 2 EXERCISE* 12:00: BRIEF LEGAL CLINIC 1:00 EUCHRE 7:00 DAV & Auxiliary Mtgs	9
10	11 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 12:00 MEXICAN TRAIN DOMINOES 6:00 FRIENDSHIP QUILTERS	12 9:00 KNITTING Group 10:00 SESSION 1 EXERCISE* 12:00 SIT & TALK – WOMEN WELCOME	13 10:00 SESSION 2 EXERCISE* 12:30 BRIDGE CLUB*call for info 4:00 Bikes for Kids	14 10:00 SESSION 1 EXERCISE* 7:00 Heartland CAMERA CLUB	15 10:00 SESSION 2 EXERCISE* 1:00 EUCHRE	16
17 RESERVED	18 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 12:00 MEXICAN TRAIN DOMINOES	19 10:00 SESSION 1 EXERCISE* 11:00 SITUATIONAL AWARENESS PRESENTATION, PLEASE CALL TO SIGN UP	20 9:00 HEALTH IN ACTION CLASS- PLEASE SIGN UP 10:00 SESSION 2 EXERCISE*	21 10:00 SESSION 1 EXERCISE* 10:00 ARTS & CRAFTS SHARE CIRCLE 3:00 –CAREGIVER SUPPORT GROUP FOR ALZHEIMERS & DEMENTIA 6:00 RENTERS ASSN 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	22 10:00 SESSION 2 EXERCISE* 1:00 EUCHRE	23
24	25 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:00 TECH HELP WITH CELL PHONES 12:00 MEXICAN TRAIN DOMINOES 12:00 BRIDGE	26 9:00 KNITTING Group 10:00 SESSION 1 EXERCISE*	27 9:00 HEALTH IN ACTION CLASS- PLEASE SIGN UP 10:00 SESSION 2 EXERCISE* 12:00 BRIEF LEGAL CLINIC 12:30 BRIDGE CLUB*call for info	28 10:00 SESSION 1 EXERCISE*	29 10:00 SESSION 2 EXERCISE* 1:00 EUCHRE	30 ROOM RESERVED
31	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org					

*TIMES AND EVENTS SUBJECT TO CHANGE

*REGISTRATION/PARTICIPATION FORM FOR EXERCISE CLASSES NEEDS TO BE COMPLETED, LIMITED CLASS SIZE, SEE FRONT DESK