



LIFE ENRICHMENT CENTER
Marshall County Council on Aging
1305 W. Harrison St., Plymouth, IN
(574)936-9904 (866)936-9904
www.marshallcountycouncilonaging.org

3rd Quarter, 2021

MOUNT RUSHMORE and MORE!

We have secured a 2nd bus for this trip in September and have a few seats available. Highlights of the trip are Badlands National Park, Crazy Horse Memorial, Deadwood, Unique Journey Museum, Wildlife Loop Road, Mount Rushmore National Memorial, the Corn Palace and more! This trip is September 11-19 and the cost is \$995 per person based on double occupancy. Come join us!

COME LEARN ABOUT AUTUMN TRACE

Bud Johnson is the new Executive Director at Autumn Trace Senior Living Facility in Plymouth. Mr. Johnson will be here to introduce himself and present all the amenities and benefits of being a resident at Autumn Trace. Come learn BEFORE you need this type of living situation so you are comfortable with your options. This presentation will be **Thursday, July 15 at 11:00AM**. For planning purposes, signups are appreciated. Please call us at (574)936-9904.

SITUATIONAL AWARENESS 101

Back by popular demand! This class will be offered on **Thursday, July 22 at 11:00 AM** at our building (1305 W. Harrison St.). You will learn about preparing yourself for an unthinkable event, being aware of your surroundings, and having a plan in place should certain situations arise. Dennis Carter, a 12 year Reserve Deputy and a student and instructor for same will present this important information. Signups are appreciated for this free class to assist with planning preparations. Call (574)936-9904, toll free (866)936-9904. Come learn how to be safe!

CRAFTING WITH FELT FUN!

Join us on **Tuesday, July 27 from 10AM-noon** to create a pin cushion with a felt flower! Susan from Blueberry Cottage Yarns and Wool will provide the materials and step by step instructions to take home a completed project. Please bring a pair of scissors, needles, and straight pins. There is a \$10 fee which must be paid before the class meets. Space is limited, reserve your spot now.

DINNER & BINGO

An evening of food and bingo (with prizes) is taking place on Tuesday, August 3rd at 5:30PM at the Life Enrichment Center. Crossroads Evangelical Free Church is sponsoring this fun event. Reservations are required to attend. Please call (574)936-9904 or toll free (866)936-9904 to reserve your spot by July 27th!

UNITY GARDEN IS FLOURISHING

Amanda and John Boener and their family have been the driving force behind the planting of the Unity Garden this spring that is located next to the Life Enrichment building. Amanda is a Master Gardener and has shared her expertise in plant selection and planting. The garden is beginning to grow with the recent heat and rains. Green beans, cucumbers, tomatoes, eggplant, green peppers, jalapeno peppers, habanero peppers, lilac peppers, red and white onions, and zucchini are all growing well right now. A crop of Jerusalem artichokes is doing well.

By the way, what are these artichokes, how do they grow, how do you harvest them, how do you prepare them to eat? Amanda will be leading a discussion where we will go out to the garden and harvest your own 'sunchoke' to take home and prepare. The date of this presentation is to be determined closer to harvest time, probably sometime in September. Keep an eye on our monthly calendar.

Also, volunteers are needed to water and weed the garden. Call our office at (574)936-9904 to join the volunteer garden list.

2021 MARSHALL COUNTY SENIOR EXPO

YES, there is going to be a Senior Expo this year! There will be many great vendors, health screenings, flu shots, breakfast, lunch, entertainment, door prizes, and more to look forward to. This is the place to learn about the services and products that are available to assist you or a loved one. Be sure to reserve **Thursday, October 21st** on your calendar to attend the Senior Expo. The Expo will be held at Plymouth High School, #1 Big Red Drive. Enter at Door 5. Watch for the posters and other advertising in the near future. Bring a friend or two!

2022 INDIANA OLYMPICS SCARF PROJECT

The official colors for 2022 are Light Blue and Hot Red with Black as an alternative.

- Red Heart – Light Blue, E300-0387
- Red Heart-Hot Red, E300-0390
- Red Heart-Black, E300-0312

All three yarns should be available through Joann's, WalMart, or Blueberry Cottage Yarns and Wool, 825 N. Center St., Plymouth.

There are no pattern requirements. It is recommended that the scarves be a 6-inch width and 54-60 inches including fringe in length.

In order for the scarves to get to Winter Games, all scarves must be completed and in our office by Friday, December 3, 2021. Any scarves received after that time will be donated to local charities.

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Plymouth, IN 46563



ROOM RENTAL AVAILABLE

Do you have a Graduation Open House, Holiday Party, Baby or Bridal Shower, Special Birthday, or a Family Reunion coming up in the near future? Are you looking for an easily accessible, spacious, and comfortable place to host it? We rent out our lovely large room/kitchen for occasions such as these. Come tour our building and talk with us!

Bulk Rate US Postage Paid PermitNo.130

VOLUNTEER OPPORTUNITY

We need a Meals on Wheels volunteer for Tuesdays and possibly more in the near future. Contact Janis Holiday at (574)936-9904 to discuss this fun volunteer opportunity!

You don't have to ride a bike!

