



LIFE ENRICHMENT CENTER
Marshall County Council on Aging
1305 W. Harrison St., Plymouth, IN
(574)936-9904 (866)936-9904

1st QUARTER, 2021

FAREWELL 2020!

How does a person describe 2020? You can look back and grumble about everything you have missed out on, travel and vacations, family gatherings, concerts, and the list goes on. OR perhaps these past few months have given you the opportunity to center yourself with thoughts of relationships and situations you are grateful for? We at Marshall County Council of Aging are amazed by all the community efforts and people who have rallied together to assure us that we are part of an amazing community. The Agency has the best employees and best patrons that work so well together and refuse to be discouraged by the current situation. Let's go into 2021 with optimism and assurance that we will all come through this together better people and citizens of our community.

FOOD FUN CLASSES

Renell Finke, Purdue Extension Nutrition Education Program Assistant, will be with us on the following dates to share tips and tricks on some new topics. Hopefully, these classes will inspire you to add some variety to your menus ~ with very little effort. Come learn how to have fun in the kitchen! All sessions will start at 11:00AM.

January 27 – Simple Snacks – Renell will give you suggestions on simple snacks and desserts that you can try at home.

February 24 – One Skillet Meals -Let's learn how to make One Skillet Meals. Easy to put together, tasty, and cleanup will be a snap!

March 17 – Rotisserie Chicken Magic - What can you do with a rotisserie chicken? Renell will give you several suggestions how to enjoy multiple meals/snacks from one rotisserie chicken.

WHAT IS MONEY?

Come join us on **January 15th at 10:00AM** for an interesting and eye and mind opening presentation on the differences between money and currency. Are they the same thing? And how can knowing and understanding the differences help your understanding of your financial matters. For planning purposes, please call us at 574-936-9904 to reserve your spot. Dennis Carter will present.

EMPLOYMENT OPPORTUNITY

Marshall County Council on Aging is currently hiring part-time transportation specialists. Applicants must have or obtain a for-hire endorsement and pass a physical & drug test. If you are willing and able to assist and transport elderly and disabled clients as well as the general public, apply in person at Marshall County Council On Aging, 1305 W. Harrison Street, Plymouth, IN.

VOLUNTEER NEEDS

Do you have some time to spare? Do you enjoy helping people? We have some volunteer opportunities that you may be interested in.

Meals on Wheels delivery – deliver meals to people in the community and say hello to them. Time commitment for this is one day a week usually taking 1 ½ - 2 hours.

Representative Payee - volunteers assist in money management and payment of bills for clients. You will have training for this important task.

SHIP Counselor – the State Health Insurance Assistance Program provides information, claims/filing, and advocacy regarding Medicare, Medicare Supplements, Medicaid, and long-term care. Training sessions are mandatory to serve as a SHIP Counselor.

If you are interested in learning more about how you can fill one of these important positions, please call Janis Holiday, Executive Director, at 574-936-9904.

NEEDLE-FELTING CLASS

Come learn the art of needle-felting as you create a 3D snowman with Susan, owner of Blueberry Cottage Yarn and Wool. This fun class will be Tuesday, **January 12th from 10:30AM to 12 noon**. Cost for this class is \$10 and must be prepaid to reserve your spot. This fee covers instruction and all supplies needed to complete your finished project.

INCOME TAX PREPARATION

Unfortunately, we will not be able to offer tax preparation this year. We will work to put together a listing of area tax preparers, give us a call if you would like some names.

BUS TRIPS FOR 2021

NASHVILLE SPRING BUS TRIP!

Plans are being made to take this trip on April 19-23, 2021. Diamond Tours is monitoring the Corona Virus situation and will make the decision about this trip closer to departure. The price is \$695 per person based on double occupancy. This is considered a show trip as we will attend a show at the Grand Ole Opry and enjoy a Nashville Nightlife Dinner Theatre. The trip includes guided tours of Nashville and Belle Meade Plantation. We will even ride the Delta River Flatboats inside the Opryland Hotel and more. Get ready for a spring get-a-way. Sign up now to be a part of this fun trip. You will get a full refund if the trip is cancelled.

BOSTON, SALEM, & CAPE ANN

Historic Boston, USS Constitution, Minute Man National Historical Park, Gloucester –“America’s Oldest Seaport”, and coastal Massachusetts are some of the sites we will see on this bus trip June 23 -29, 2021. The price is \$795 per person based on double occupancy. This includes 6 nights lodging and 10 meals. Also, Cheers: The Replica, Quincy Market & Faneuil Hall Marketplace, and many more attractions will be enjoyed during this trip. Don’t wait ~ reservations are being taken now for this requested trip!

Marshall County Council on Aging

1305 W. Harrison St.

Plymouth, IN 46563



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VOLUNTEER SPOTLIGHT –

Over the years, many people seeking guidance through Social Security signup, Medicare, Medicaid, etc. have sought the advice from our long-time SHIP Counselor, Bob Beiter. Bob has been a trained SHIP Counselor Volunteer at MCCOA for 15 years. Bob is a long-time Plymouth resident and businessman. He is married to Carol and together they enjoy the activities of their 12 grandchildren. Bob says the best thing about his volunteer work here is helping people. We are very grateful to Bob for his dedication and cheerful attitude as he helps people navigate through the complexities of older adult benefits. He is #1 in our eyes and we are happy he chose our agency to volunteer with. Thank you, Bob for your many years of volunteering with us.



STAY CONNECTED WITH US! Our website is www.marshallcountycouncilonaging.org There you can read about our many services we offer. Our monthly activity calendar, along with an events page, is also on our website. If you would like to volunteer your time or make a donation to us, there are buttons on the website that make doing so easy for you.

Also, the latest copy of the 2020-2021 Marshall County Senior Guide is on the website in it’s entirety. This is a comprehensive magazine with names, addresses, phone numbers of contacts of such areas of Emergency, Health, Housing, Senior Support and other useful information. This is available right at your fingertips if you should have the need for this information. We also have free printed copies of the Guide in our office, stop by and pick up a copy for yourself and your friends.