



## **NOVEMBER HIGHLIGHTS**

**5 – Lunch & Learn with Autumn Trace @ 11AM rsvp by 11/2**

**6 & 18 – Brief Legal Clinic – (free legal advice) appointment REQUIRED (see front desk)**

**10 – Dining with Diabetes series starts today (must sign up, \$25 fee) Also meets Nov 17, 24 and Dec 1**

**10 – Holiday Craft Workshop @ 10:30AM (\$10 fee, must sign up, limited space)**

**12 – Eating Healthy on a Budget @ 11AM – Cost saving tips and FREE recipes**

**18 – Captioned Call Telephone presentation at 9:30AM**

**19 – Fall Risk Assessment with FYZICAL Therapy & Balance Center @ 11AM**

**26 & 27 – Thanksgiving – The Agency is closed both days.**

**SPRING BUS TRIP – NASHVILLE, TN April 19-23 SIGN UP NOW!!!**

### **SEE MORE BELOW!**

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
Wood Carving Paper Crafting Bridge Quilters	Knitting Class Bingo	Weight Watchers Senior Fit Exercise  Bridge Brief Legal Clinic	Arts & Crafts Circle Heartland Camera Club	Senior Fit Exercise Euchre Brief Legal Clinic

\*not a complete listing, please refer to the monthly calendar or our website

[www.marshallcountycouncilonaging.org](http://www.marshallcountycouncilonaging.org)