

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>New Year's Day</i> MCCOA CLOSED	2 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	3 10:00 ARTS & CRAFTS SHARE CIRCLE	4 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	5 7:00 EUCHRE
6	7 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	8 9:00 KNITTING 2:00 BINGO	9 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	10 12 NOON-BOARD GAMES 7:00 Heartland CAMERA CLUB	11 11:00 SENIOR FIT EXERCISE 12 - 5 BRIEF LEGAL CLINIC - CALL FOR APPOINTMENT 1:00 EUCHRE	12 RESERVED 7:00 EUCHRE
13	14 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	15 2:00 BINGO	16 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	17 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS - BOARD OF DIRECTORS MTG	18 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	19 7:00 EUCHRE
20 Sign up now for the Myrtle Beach Bus TRIP! (April 7 -13)	21 <i>Martin Luther King</i> 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	22 9:00 KNITTING - guest instructor Janet Meyers 2:00 BINGO	23 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12 - 5 BRIEF LEGAL CLINIC - CALL FOR APPOINTMENT 12:30 BRIDGE CLUB*call for info	24 12 NOON - BOARD GAMES	25 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	26 7:00 EUCHRE
27	28 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 Our Health Talk - Communicating with your Physician 12:00 BRIDGE 4:00 SMART RECOVERY	29 2:00 BINGO	30 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	31	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org	

February 2019						
◀ January						March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	2 Groundhog Day 7:00 EUCHRE
3 Super Bowl	4 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING	5 2:00 BINGO	6 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	7 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS	8 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE	9 7:00 EUCHRE
10	11 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	12 9:00 KNITTING 2:00 BINGO	13 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	14 Valentine's Day 12 NOON – BOARD GAMES 7:00 Heartland CAMERA CLUB	15 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	16 7:00 EUCHRE
17	18 Presidents Day 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	19 2:00 BINGO	20 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT	21 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	22 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	23 7:00 EUCHRE
24	25 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 Our Health Talk – Heart Disease 12:00 BRIDGE 4:00 SMART RECOVERY	26 9:00 KNITTING 2:00 BINGO	27 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	28 12 NOON – BOARD GAMES	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org	

March 2019

◀ February

April ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	2 7:00 EUCHRE
3	4 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING	5 2:00 BINGO	6 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	7 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 Hoosier Old Wheels	8 Int'l. Women's Day 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE	9 7:00 EUCHRE
10 Daylight Saving Begins	11 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	12 9:00 KNITTING 2:00 BINGO	13 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	14 12 NOON – BOARD GAMES 7:00 Heartland CAMERA CLUB	15 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	16 7:00 EUCHRE
17 Saint Patrick's Day	18 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	19 2:00 BINGO	20 Spring Begins (Northern Hemisphere) 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT	21 8-9AM-Simplifying your smart phone clinic 10:00 ARTS & CRAFTS SHARE CIRCLE 10:00 New Medicare Benefits Explained by Carolos Bastardo 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	22 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	23 7:00 EUCHRE
24	25 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 OUR HEALTH TALK – Over the Counter Medicines 12:00 BRIDGE 4:00 SMART RECOVERY	26 9:00 KNITTING 2:00 BINGO	27 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	28 12 NOON – BOARD GAMES	29 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	30 7:00 EUCHRE
31	<p>Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org</p>					

◀ March **April 2019** May ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00 WOOD CARVING 10:00 PAPER CRAFTING\ 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING	2 2:00 BINGO	3 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	4 8-9AM-Simplifying your smart phone clinic 10:00 ARTS & CRAFTS SHARE CIRCLE 1:00 EUCHRE 7:30 HOOSIER OLD WHEELS	5 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	6 7:00 EUCHRE
7 Depart for Myrtle Beach Bus Trip	8 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	9 Equal Pay Day 9:00 KNITTING 2:00 BINGO	10 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	11 12 NOON – BOARD GAMES 7:00 Heartland CAMERA CLUB	12 NO SENIOR FIT EXERCISE today 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE	13 7:00 EUCHRE Myrtle Beach Bus Trip returns
14	15 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	16 Tax Day (Taxes Due) 2:00 BINGO	17 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	18 8-9AM-Simplifying your smart phone clinic 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	19 Good Friday MCCOA CLOSED	20 7:00 EUCHRE
21 Easter RESERVED	22 Earth Day 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 OUR HEALTH TALK – Bronchitis & Emphysema 12:00 BRIDGE 4:00 SMART RECOVERY	23 9:00 KNITTING 2:00 BINGO	24 Administrative Professionals 9:00 WEIGHT WATCHERS 10:15 Blood Pressure Checks 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 12:30 BRIDGE CLUB*call for info	25 12 NOON – BOARD GAMES	26 Arbor Day 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	27 RESERVED 7:00 EUCHRE
28 RESERVED	29 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	30 2:00 BINGO	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org			

May 2019

◀ April

June ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org</p>			<p>1 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE</p>	<p>2 8-9AM-Simplifying your Smart phone clinic 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS</p>	<p>3 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE</p>	<p>4 9:00 ART OF FLY FISHING @ PRICE'S POND 9:00 AM – 3:00PM Woodcarver's Show – open to the general public 7:00 EUCHRE</p>
<p>5 Cinco De Mayo</p>	<p>6 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING</p>	<p>7 10:30-ST.PAUL'S PRESENTATION/FREE 2:00 BINGO 5:00PM – CALL TO ACTION meeting for our Unity Garden ! public invited</p>	<p>8 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 10:30 Meet and Greet with Law Enforcement 11:00 Senior Fit Ex.-cancelled 12:30 BRIDGE CLUB*call for info</p>	<p>9 9 FLY TYING CLASS 12 NOON – BOARD GAMES 7:00 Heartland CAMERA CLUB</p>	<p>10 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE</p>	<p>11 7:00 EUCHRE</p>
<p>12 Mother's Day</p>	<p>13 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS</p>	<p>14 9:00 KNITTING 2:00 BINGO</p>	<p>15 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE</p>	<p>16 8-9AM-Simplifying your Smart phone clinic 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG</p>	<p>17 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE</p>	<p>18 Armed Forces Day 1:00PM – PLANTING of our Unity Garden – Volunteers needed! 7:00 EUCHRE</p>
<p>19</p>	<p>20 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 OUR HEALTH TALK – Colds-Myths and Truths 12:00 BRIDGE 4:00 SMART RECOVERY</p>	<p>21 2:00 BINGO</p>	<p>22 9:00 WEIGHT WATCHERS 10:15 Blood Pressure Checks 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 12:30 BRIDGE CLUB*call for info</p>	<p>23 12 NOON – BOARD GAMES</p>	<p>24 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE</p>	<p>25 7:00 EUCHRE</p>
<p>26</p>	<p>27 Memorial Day MCCOA CLOSED</p>	<p>28 9:00 KNITTING 2:00 BINGO</p>	<p>29 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE</p>	<p>30 8-9AM-Simplifying your Smart phone clinic 9:30AM – Identifying the Need/Hospice Criteria presentation by Harbor Light Hospice</p>	<p>31 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE</p>	

June 2019

◀ May

July ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 7:00 EUCHRE RESERVED
2 RESERVED	3 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING	4 2:00 BINGO	5 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	6 10:00 ARTS & CRAFTS SHARE CIRCLE	7 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	8 7:00 EUCHRE
9 RESERVED	10 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	11 9:00 KNITTING 2:00 BINGO	12 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	13 7:00 Heartland CAMERA CLUB	14 Flag Day 11:00 SENIOR FIT EXERCISE – cancelled today 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 12:00 EUCHRE (lunch & play)	15 RESERVED 7:00 EUCHRE
16 Father's Day	17 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	18 2:00 BINGO	19 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	20 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	21 Summer Solstice 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	22 7:00 EUCHRE
23	24 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 OUR HEALTH TALK – Cataracts & Glaucoma 12:00 BRIDGE 4:00 SMART RECOVERY	25 9:00 KNITTING 2:00 BINGO	26 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 12:30 BRIDGE CLUB*call for info	27	28 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	29 7:00 EUCHRE
30	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org					

July 2019

◀ June

August ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Canada Day 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING	2 2:00 BINGO	3 9:00 WEIGHT WATCHERS 10:15 Blood Pressure Checks 11:00 SENIOR FIT EXERCISE 7:30 HOOSIER OLD WHEELS	4 Indep. Day/4 TH OF JULY MCCOA CLOSED	5 11:00 SENIOR FIT EXERCISE 12:30 EUCHRE	6 7:00 EUCHRE
7	8 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	9 9:00 KNITTING 2:00 BINGO	10 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 10:30 Meet and Greet with Law Enforcement 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	11 7:00 Heartland CAMERA CLUB	12 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE	13 7:00 EUCHRE RESERVED
14	15 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	16 2:00 BINGO	17 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	18 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	19 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	20 7:00 EUCHRE
21 RESERVED	22 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 OUR HEALTH TALK – Fibromyalgia 12:00 BRIDGE 4:00 SMART RECOVERY	23 9:00 KNITTING 2:00 BINGO	24 9:00 WEIGHT WATCHERS 10:15 Blood Pressure Checks 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT	25	26 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	27 7:00 EUCHRE
28	29 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	30 2:00 BINGO	31 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org				1 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS	2 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	3 7:00 EUCHRE
4	5 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor Painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING	6 2:00 BINGO	7 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	8 7:00 Heartland CAMERA CLUB	9 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE	10 7:00 EUCHRE
11	12 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor Painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	13 9:00 KNITTING 2:00 BINGO	14 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	15 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	16 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	17 6:00 EUCHRE
18 RESERVED	19 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 12:00 BRIDGE 4:00 SMART RECOVERY	20 2:00 BINGO	21 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT	22 7:30 HOOSIER OLD WHEELS	23 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	24 6:00 EUCHRE
25 PEOPLE'S UNIVERSITY REGISTRATION STARTS THIS WEEK!	26 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Watercolor painting 11:30 OUR HEALTH TALK – SHINGLES 12:00 BRIDGE 4:00 SMART RECOVERY	27 9:00 KNITTING 2:00 BINGO	28 9:00 WEIGHT WATCHERS 10:15 Blood Pressure Checks 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	29	30 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	31 6:00 EUCHRE

September 2019

◀ August

October ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day MCCOA CLOSED	3 2:00 BINGO	4 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	5 10:00 ARTS & CRAFTS SHARE CIRCLE	6 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	7 6:00 EUCHRE
8	9 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	10 9:00 KNITTING 2:00 BINGO	11 Patriot Day 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 10:30 Meet and Greet with Law Enforcement 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	12 7:00 Heartland CAMERA CLUB	13 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE	14 6:00 EUCHRE
15	16 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY	17 2:00 BINGO	18 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	19 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	20 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	21 6:00 EUCHRE
22	23 Fall begins 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 11:30 OUR HEALTH TALK – Managing Your Medications Safely 12:00 BRIDGE 4:00 SMART RECOVERY	24 9:00 KNITTING 2:00 BINGO	25 9:00 WEIGHT WATCHERS 10:15 Blood Pressure Checks 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT	26	27 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	28 6:00 EUCHRE
29	30 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY	<p>Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org</p>				

October 2019

◀ September

November ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 2:00 BINGO	2 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12- Lunch & Learn with Autumn Trace – sign ups required at front desk	3 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS	4 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	5 6:00 EUCHRE
6	7 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING 7:00 Vet-to-Vet Café	8 9:00 KNITTING 2:00 BINGO	9 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	10 7:00 Heartland CAMERA CLUB	11 Come Out Day 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE	12 6:00 EUCHRE
13	14 Columbus Day 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	15 2:00 BINGO	16 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	17 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG	18 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	19 6:00 EUCHRE
20	21 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY	22 9:00 KNITTING 2:00 BINGO	23 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT	24	25 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	26 6:00 EUCHRE
27	28 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 11:30 OUR HEALTH TALK – Staying Healthy & Happy During the Holidays 12:00 BRIDGE 4:00 SMART RECOVERY	29 2:00 BINGO	30 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	31 Halloween	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org	

November 2019

◀ October

December ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org</p>					<p>1 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE</p>	<p>2 6:00 EUCHRE</p>
<p>3 Daylight Saving Time Ends</p>	<p>4 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING</p>	<p>5 Election Day 2:00 BINGO</p>	<p>6 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE</p>	<p>7 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS</p>	<p>8 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 1:00 EUCHRE</p>	<p>9 6:00 EUCHRE</p>
<p>10</p>	<p>11 Veterans Day 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS</p>	<p>12 9:00 KNITTING 2:00 BINGO</p>	<p>13 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info</p>	<p>14 7:00 Heartland CAMERA CLUB</p>	<p>15 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE</p>	<p>16 6:00 EUCHRE</p>
<p>17</p>	<p>18 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY</p>	<p>19 2:00 BINGO</p>	<p>20 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT</p>	<p>21 10:00 ARTS & CRAFTS SHARE CIRCLE 7:30 HOOSIER OLD WHEELS – BOARD OF DIRECTORS MTG</p>	<p>22 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE</p>	<p>23 6:00 EUCHRE</p>
<p>24</p>	<p>25 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 11:30 OUR HEALTH TALK – Meditation for Stress Management 12:00 BRIDGE 4:00 SMART RECOVERY</p>	<p>26 9:00 KNITTING 2:00 BINGO</p>	<p>27 9:00 WEIGHT WATCHERS 10:15 Blood Pressure Checks 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info</p>	<p>28 Thanksgiving Day MCCOA CLOSED</p>	<p>29 MCCOA CLOSED</p>	<p>30 6:00 EUCHRE</p>

December 2019

◀ November

January ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY 7:00 DAV MEETING	3 2:00 BINGO	4 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE	5 10:00 ARTS & CRAFTS SHARE CIRCLE	6 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	7 6:00 EUCHRE
8	9 9:00 WOOD CARVING 10:00 Water Color Painting 10:00 PAPER CRAFTING 11:00 Blood Pressure Checks 12:00 BRIDGE 4:00 SMART RECOVERY 6:00 QUILTERS	10 9:00 KNITTING 2:00 BINGO	11 9:00 WEIGHT WATCHERS 10:00-2:00 MOBILE MEDICAL UNIT-Appointment is needed 11:00 SENIOR FIT EXERCISE 12:30 BRIDGE CLUB*call for info	12 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT 7:00 Heartland CAMERA CLUB	13 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	14 6:00 EUCHRE
15	16 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY	17 2:00 BINGO	18 9:00 WEIGHT WATCHERS 11:00 SENIOR FIT EXERCISE 12 – 5 BRIEF LEGAL CLINIC – CALL FOR APPOINTMENT	19 10:00 ARTS & CRAFTS SHARE CIRCLE	20 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	21 Winter Solstice 6:00 EUCHRE
22	23 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 11:30 Our Health Talk – Parkinson's Disease 12:00 BRIDGE 4:00 SMART RECOVERY	24 MCCOA CLOSED	25 Christmas MCCOA CLOSED	26	27 11:00 SENIOR FIT EXERCISE 1:00 EUCHRE	28 6:00 EUCHRE
29	30 9:00 WOOD CARVING 10:00 PAPER CRAFTING 10:00 Water Color Painting 12:00 BRIDGE 4:00 SMART RECOVERY	31 MCCOA CLOSED	Marshall County Council on Aging Life Enrichment Center 1305 W. Harrison St. Plymouth, IN 46563 (574)936-9904 toll-free (866)936-9904 www.marshallcountycouncilonaging.org			