



# LIFE ENRICHMENT MATTERS

**1st** QUARTER, 2019

*~The doors of wisdom are never shut. – Benjamin Franklin*

## **MYRTLE BEACH SHOW TRIP & CHARLESTON, SC BUS TRIP**

Come along with us as we travel to Myrtle Beach in the spring. You will enjoy two evening shows: Carolina Opry and Alabama Theatre's 'One the Show'. There is also a matinee show at the Calvin Gilmore Theatre. You will visit one of America's premier gardens, the Brookgreen Gardens before visiting Broadway at the Beach, an exciting shopping, dining and entertainment complex. You will also enjoy some time visiting historic Charleston, SC – "America's Favorite City". There will be a scenic and relaxing Charleston Harbor Cruise. The last point of interest will be the South Carolina State Museum in Columbia, SC. This trip will be April 7 – 13, 2019. The cost, which includes motor coach transportation, 6 nights lodging, 10 meals (6 breakfasts and 4 dinners), two evening shows, matinee show, cruise, admission to Brookgreen Gardens and South Carolina State Museum is \$705 per person based on double occupancy. Make your reservations now for this fun-filled trip!

## **OUR HEALTH TALKS SERIES continues in 2019**

Our Health Talk presentations continue to be a popular event at the Life Enrichment Center. We have many topics scheduled for all of 2019. These informative talks are at 11:30 AM on one Monday of the month and are FREE. Following are the topics for the first part of the year. Pick up the schedule for the entire year at the reception desk.

January 28 – Communicating with your Physician  
February 25 – Heart Disease

March 25 – Over the Counter Medicines  
April 22 – Bronchitis and Emphysema

## **BRIEF LEGAL ADVICE CLINIC**

Attorneys with the Volunteer Lawyer Network organization are at the Life Enrichment Center to provide free legal advice. These clinics are generally on the 2<sup>nd</sup> Friday and 4<sup>th</sup> Wednesday of each month from 12:00 – 5:00 PM. This service is BY APPOINTMENT ONLY (no walk-ins will be accepted). Please call 574-936-9904 (toll-free 866-936-9904) to schedule an appointment time.

## **MOBILE MEDICAL UNIT AT THE LIFE ENRICHMENT CENTER MONTHLY!**

We are pleased to announce that the Saint Joseph Health System will have the Mobile Medical Unit setup at our building (1305 W. Harrison St., Plymouth) on the second Wednesday of every month from 10:00 AM – 2:00 PM starting in January, 2019. Tests that can be performed in the MMU are mammograms, cardiac risk assessments which include glucose and cholesterol check, blood pressure, etc. These services are for the entire community. Appointments are strongly encouraged and may be made by calling the direct appointment scheduler at 574-335-4500 (toll free 1-888-455-4450).

## **GET READY TO PLAY!**

Board Game Day is coming! What is your favorite board game to play? Scrabble, Rummikub, Marbles, Sequence? Grab a friend or two and come join us on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month at 12 noon for some playing time. Keep your mind active and have fun at the same time. This is a free activity. All are welcome!

## INCOME TAX PREPARATION

Once again, Marshall County Council on Aging is teaming up with AARP to offer free tax return filing at the Life Enrichment Center. Volunteers are at The Life Enrichment Center and the Culver Library starting in February (days yet to be determined). Please call after January 14<sup>th</sup> to schedule your appointment at 936-9904 (toll-free 866-936-9904). Please bring the following items with you: 1) photo ID for you and your spouse 2) your 2017 tax return 3) Social Security statements, 4) any 1099s you've received, and 5) proof of health insurance for yourself, your spouse, and /or any dependents. Some restrictions do apply. ***This tax service is free; although we would appreciate non-perishable food items/cleaning supplies/personal hygiene items for our donation basket for the food pantry. Thank you for your generosity. Please check the expiration dates, outdated items cannot be accepted or donated.***

***THANK YOU! To the Marshall County Community Foundation*** Our Agency was awarded a grant which will allow us to continue offering the much needed public transportation services to Marshall County residents.

Marshall County Council on Aging  
1305 W. Harrison St.  
Plymouth, IN 46563



Bulk Rate  
US Postage  
Paid  
Permit No. 130



***Transportation News*** - We provide cab service Monday – Friday, 7:30AM –5:00PM. Our fleet with friendly drivers is ready to serve you! Rides up to 5 miles are \$2.50, and even less if you buy our pre-paid frequent rider cards. A \$10 card gets you 5 rides for the price of 4. Cards can be purchased at the Life Enrichment Center or from any driver. Out-of-town rides are also available by appointment: \$6 per ride for 5-30 miles, and \$11 per ride over 30 miles (one-way pricing). Call 574-936-9904 or toll-free 866-936-9904 to schedule your trip. As demands for rides have increased, please call early for out of town needs.

### ROOM RENTAL AVAILABLE

Do you have a Holiday Party, Baby or Bridal Shower, Special Birthday, or a Family Reunion coming up in the near future? Are you looking for an easily accessible, spacious, and comfortable place to host it? We rent out our lovely large room/kitchen for occasions such as these. Come tour our building and talk with us!

[www.marshallcountycouncilonaging.org](http://www.marshallcountycouncilonaging.org)

This is our website where you can view the monthly calendars which show meeting dates/times of special interest groups, group meetings and more. A digital copy of the resource 2018/2019 Marshall County Senior Guide is accessible on our website also. Check it out! Call us at 574-936-9904 or toll-free 866-936-9904 if you have any questions.