



# LIFE ENRICHMENT MATTERS

3<sup>rd</sup> QUARTER, 2017

*~The future starts today, not tomorrow. –Pope John Paul II*

## 10<sup>th</sup> ANNUAL MARSHALL COUNTY SENIOR EXPO

Get ready to enjoy another great **Senior Expo!** This year's **Expo** will be Thursday, **September 21<sup>st</sup>** from 8:00AM to 3:00PM at The Plymouth Municipal Airport. There will be two hangars with vendors, food, and entertainment. Here is your opportunity to see our local airport. As in the past, many health screenings will be offered. Flu shots will be available also. Our vendor lineup is proving to be exciting. Captioned phones, home healthcare services, and home improvement options are just some of the varied vendors that will be present at the **Expo**. There will be many give-aways and door prizes. The Grand Prize will be a large flat screen TV, maybe YOU will be the lucky winner this year! Seniors can get a ride free, call us to make arrangements. See you at **The Marshall County Senior Expo** on September 21<sup>st</sup>! **NOTE DATE CHANGE TO SEPTEMBER 21!**

## NEW! ONE DAY BUS TRIPS OFFERED

We have received requests for one day bus trips. Following is information for the two remaining trips this year.

**JULY 27** – Let's travel south to Circle Centre Mall in **Indianapolis**. On the way down, we will stop at a favorite, Cracker Barrel Restaurant in Kokomo for breakfast on your own. There will be time to browse the fun gift shop before we continue on to Indianapolis. Circle Centre Mall is a four level shopping complex located in the heart of Indianapolis featuring approximately 100 shopping, dining, and entertainment experiences in one mall. The price of this trip is \$43.00. Signup deadline is July 10<sup>th</sup>.

**NOVEMBER 30** – We will travel to Water Tower Mall in downtown **Chicago**. Here you can enjoy the many stores of this indoor mall which includes restaurants and a food court. We will continue to the Christkindlmarket in the loop of downtown Chicago. Chicago's largest open-air Christmas festival is an enchanting and inviting holiday village inspired by the Christkindlesmarkt in Nuremberg, Germany. The Christkindlmarket is well-known for its vendors' high quality gifts, food and holiday cheer. The price of this trip is \$40.00.

## BRIEF LEGAL ADVICE CLINIC

Attorneys with the Volunteer Lawyer Network organization are at The Life Enrichment Center to provide free legal advice. These clinics are on the **2<sup>nd</sup> Friday and 4<sup>th</sup> Wednesday** of each month from 12:00 to 5:00 PM. This service is **BY APPOINTMENT ONLY** (no walk-ins will be accepted). Please call 574-936-9904 to schedule an appointment time.

## People's University is coming!

Marshall County Council on Aging is once again sponsoring People's University of Marshall County, to provide Marshall County residents the opportunity to engage in life-long learning. Classes will run September 5 – October 31. There will be something for everyone! While classes are not finalized as of this printing, there will be a variety of fun and informative offerings – from tech support, informational, and arts and crafts. Watch for the special mailing in August that will feature all the course descriptions, times, locations and registration forms. The entire schedule will also be available at our building and on our website:

[www.marshallcountycouncilonaging.org](http://www.marshallcountycouncilonaging.org)

## BRANSON SHOW EXTRAVAGANZA BUS TRIP

Sign up now to travel to Branson! We have one bus filled and are taking names for the second bus. You will enjoy seven fabulous Branson Shows ~ Puttin' on the Ritz Show, Brett Family Show, Dublin's Irish Tenors, The Celtic Ladies, Liverpool Legends Show "The Complete Beatles Experience", "Million Dollar Quartet" Show, and the Dutton Show. You will also dine and cruise aboard the Showboat Branson Belle on the waters of Table Rock Lake, and visit and shop historic downtown Branson. This trip is October 8 -14, 2017 and is \$639 based on double occupancy. See trip details on our website or stop in and pick up a brochure.

## WHAT ARE THE TOP 5 CANCERS?

Cancer affects everything in your life - body, mind, and spirit. Dr. Shin, a board certified Radiation Oncologist, will be here Tuesday, July 25<sup>th</sup>, 2017 at 11:00 AM to discuss the top five cancers. Dr. Shin is the Medical Director of the Radiation Oncology Center at Elkhart General Hospital. He has authored several papers in radiation oncology. This is an excellent opportunity to learn about these cancers.

## WE ARE GROWING!

With the encouragement and support of Bob Yoder, Extension Educator, and Sandy Read, Community Wellness Coordinator, of the Marshall County Purdue Extension Office, we have planted six container gardens at The Life Enrichment Center. Volunteers planted the vegetables and will keep them watered and weeded throughout the growing season. We have planted different varieties of tomatoes, cucumbers, peppers (banana, jalapeno, yellow and red), spearmint, sage, oregano, and basil. These gardens are for YOU! The harvest will be shared free of charge, stop in.



**2017  
SUMMER**

1305 W. Harrison  
Street, Plymouth IN  
46563  
Phone: 574 935 4987

### SUMMER IN THE PARK SERIES

Young Amphitheater | 7:30 pm | FREE Admission | (\* note otherwise)

**Brett Wisconsin Trio**

Friday, July 7

**NDSF Touring Company**

Sunday, July 23

\* River Park Square – 7:00 pm

**Heartland Sings**

Saturday, July 15

**The Marlins**

Friday, July 28

**Whistle Pigs**

Friday, July 21

**Shades of Blue**

Sunday, August 13

\* 4:00 PM

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### RHYTHM WEDNESDAYS 'n the SQUARE

River Park Square | 11:30am – 1:00pm | FREE Admission

**Jeff Unterbrink**

Wed., June 7

**Jenny Lane**

Wed., July 5

**Music & More**

Wed., August 2

**The Rose Hips**

Wed., September 6

Encore Performing Arts  
Marshall County Council on Aging

1305 W. Harrison St.  
Plymouth, IN 46563



Bulk Rate  
US Postage  
Paid  
Permit No. 114



**Transportation News** - We provide cab service Monday – Friday, 7:30AM – 5:00PM. Our fleet with friendly drivers is ready to serve you! Rides up to 5 miles are \$2.50, and even less if you buy our pre-paid frequent rider cards. A \$10 card gets you 5 rides for the price of 4. Cards can be purchased at the Life Enrichment Center or from any driver. Out-of-town rides are also available by appointment: \$6 per ride for 5-30 miles, and \$11 per ride over 30 miles (one-way pricing). Call 574-936-9904 or toll-free 866-936-9904 to schedule your trip.

#### ROOM RENTAL AVAILABLE

Do you have a Graduation Party, Baby or Bridal Shower, Special Birthday, or a Family Reunion coming up in the near future? Are you looking for an easily accessible, spacious, and comfortable place to host it? We rent out our lovely large room/kitchen for occasions such as these. Come tour our building and talk with us!

#### VOLUNTEERS NEEDED!

We coordinate the REPRESENTATIVE PAYEE PROGRAM at our agency. These volunteers assist with money management and payment of bills for clients who are unable to do this for themselves. Please come talk to us if you have a couple hours a month to volunteer.

#### [www.marshallcountycouncilonaging.org](http://www.marshallcountycouncilonaging.org)

This is our website where you can view the monthly calendars which show meeting dates/times of special interest groups (Woodcarving, Paper Crafting, Arts and Crafts Time, Water Color Painting, Knitting, Crocheting, Bridge, Euchre, and Senior Fit Exercise Classes), special seminars (see front page), group meetings and more. People's University, The Marshall County Senior Expo, Marshall County Public Transit Information, and even a digital copy of the 2016/2017 Marshall County Senior Guide are all accessible on our website. Check it out! Call us at 574-936-9904 or toll-free 866-936-9904 if you have any questions.